Open Awards Qualification Unit

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1 Unit Details

Unit Title:	Developing Skills to Provide Personal Care in Care Settings
Unit Reference Number:	R/506/3543
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the key principles when offering personal care	1.1 Explain why good hygiene is important
	1.2 Discuss the factors that influence the individuals ability to carry out their own personal care
	1.3 Explain why it is important to involve the individual in their personal care routine
	1.4 Explain why it is important to offer choice and the factors that might affect choice when considering personal care
	1.5 Explain why cultural background needs to be considered when offering personal care
2. Know how the environment affects eating and drinking	2.1 Describe how body position needs to be considered when eating and drinking
	2.2 Describe why the environment is important when eating and drinking
3. Understand the importance of personal hygiene and dignity nedded during eatin and drinking	3.1 Describe why individuals hygiene and dignity needs considering
	3.2 Explain why these needs may be met

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		3.3	Explain why other hygiene measure need to be taken into account when preparing and serving food
4.	Undertand the importance of providing support with personal care	4.1	Explain how support would be offered by: a) Washing b) Bathing c) Showering d) Dental care e) Nail care f) Dressing
		4.2	Identify other aspects of personal care and describe how you would provide support at these times
		4.3	Discuss the conflicts that might arise as a result of offering assistance with hygiene
		4.4	Discuss what might need to be recordered following the delivery of personal care
5.	Understand the importance of supporting an individual to care for their personal appearance	5.1	List other aspects of personal care that need to be considered
		5.2	Explain why personal appearance is important
		5.3	Discuss the conflicts that might arise as a result of offering assistance with dressing and grooming
		5.4	Explain how personal beliefs and preferences may affect dressing and grooming
6.	Understand the issues associated with personal care and infection control	6.1	Explain what action needs to be taken to make sure all areas are left clean and tidy
		6.2	Discuss why it is important for all individuals to have their own toiletries
		6.3	Discuss how you would explain to an individual the need for taking additional precaution to stop cross infection
7.	Recognise that sensitivity is important during personal care	7.1	Explain why the following need to be considered: a) Privacy and dignity b) Time c) Gender
8.	Recognise the social and cultural purposes/norms of eating and drinking	8.1	Explain how eating and drinking serves a social purpose
		8.2	Explain why care workers need to know about the cultural norms of eating and drinking

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9.	Understand the importance of assessing the individual's needs for eating and drinking	9.1	Discuss areas for consideration when assessing the individuals eating/drinking needs
		9.2	Explain why it is important for individuals to be as self managing as possible
		9.3	Discuss why reluctance to eat and drink should be reported
10.	Understand the importance of enabling informed choice in eating and drinking	10.1	Explain the importance of choice in eating and drinking to individuals
		10.2	Discuss what choice may be offered
		10.3	Explain how personal beliefs and preferences can influence choice in eating and drinking
11.	Understand the importance of supporting individuals with eating and drinking	11.1	Describe the different types of help that may be offered to individuals
		11.2	Explain how support can saffect meal times
		11.3	List the different types of equiptment that might help an individual
		11.4	Describe what eating and drinking difficulties should be reported and recorded

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