

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Health, Safety and Welfare in Sport and Active Leisure
QAC Code:	A/506/3388
Level:	Level 2
Credit Value:	3
Minimum GLH:	30

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand health and safety requirements of employees in sport and active leisure	1.1 Describe responsibilities of employees under Health and Safety legislation
	1.2 Identify sources of health and safety information available to employees
	1.3 Explain the importance of health, safety and good welfare in the workplace
2. Understand how to contribute to a safe workplace	2.1 List causes of slips, trips and falls in the workplace
	2.2 State how to minimise the risk of slips, trips and falls
	2.3 Identify precautions that must be taken when undertaking manual handling
	2.4 Identify injuries from incorrect manual handling
	2.5 Identify the correct lifting procedure
	2.6 Describe situations when PPE must be worn
	2.7 Describe priorities for dealing with hazardous substances in the workplace.

	2.8	Outline employers' health and safety responsibilities.
3. Understand risks and hazards in sport and active leisure	3.1	Define hazard
	3.2	Define risk
	3.3	Describe the stages of a risk assessment in the workplace.
	3.4	Explain the importance of regular safety checks
4. Understand how to respond to accidents, incidents and emergencies in sport and leisure	4.1	Identify the requirements for reporting accidents and incidents at work
	4.2	Describe the employers responsibility for dealing with minor injuries at work
	4.3	Explain the importance of emergency action plans in the workplace
	4.4	Describe a typical emergency action plan in sport and active leisure