

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Introduction to the Physical Care of Babies and Young Children
Unit Reference Number:	M/506/3159
Level:	Level 1
Credit Value:	3
Minimum GLH:	30

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the physical care needs of babies and young children	1.1 Identify care needs for babies and young children's: <ul style="list-style-type: none"> a) Skin b) Hair c) Teeth d) Nappy area
2. Know how to support physical care routines for babies and young children	2.1 Outline how to treat babies or young children with respect and sensitivity during physical care routines
	2.2 List ways of engaging with babies or young children during physical care routines that make the experience enjoyable
	2.3 Outline the principles of toilet training
3. Know how to support safe and protective environments for babies and young children	3.1 Describe how to provide a safe and hygienic environment for babies and young people
	3.2 Outline how to safely supervise babies or young children whilst allowing them to explore and develop their skills
	3.3 Identify what to do if concerned about the well-being of babies and young children
4. Know the nutritional needs of babies and	4.1 Outline the nutritional needs of babies

young children

4.2 Outline the nutritional needs of young children

4.3 Give examples of healthy balanced meals for young children

4.4 List nutritional allergies that may be experienced by babies and young children