# Open Awards Entry Level 1 Diploma in Independent Living (RQF)

Diploma 600/5107/3

QUALIFICATION GUIDE

| Contents | | |
|---|---|---|
| 1. | About the Qualification | Page 3 |
| 3. | Qualification Units | Page 5 |
| 4. | Delivering this Qualification | Page 8 |
| 5. | Appendices and Links | Page 10 |

# About the Qualification

| | |
|---|---|
| **Title** | Open Awards Entry Level 1 Diploma in Independent Living (RQF) |
| **QAN** | Diploma – 600/5107/3 |
| **Sector** | 14.1 Foundations for Learning and Life |
| **Level** | Entry Level 1 |
| **Funding** | Please click here for more information |
| **Pricing Information** | Please click here for more information |
| **Review Date** | 31/07/2031 |

| | |
|---|---|
| **Ofqual Purpose** | Recognise personal growth and engagement in learning |
| **Ofqual Sub-Purpose** | Recognise development of knowledge and/or skills to operate independently and effectively in life, learning and work |

| **Total Qualification Time/Guided Learning** | |
|---|---|
| **Diploma** | |
| Total Qualification Time (hours) | 370 |
| Guided Learning (hours) | 370 |

| **Age Range and Restrictions:** | |
|---|---|
| Pre -16 | ✓ |
| 16 – 18 | ✓ |
| 19+ | ✓ |
| Any other restrictions specific to the qualification(s) | None |

| **Any specified entry requirements** |
|---|
| There are no age restrictions for working towards this qualification and no specific prior achievements required. |

| **Recommended Assessment Method Summary** |
| --- |
| Learners will be required to complete a portfolio of evidence set and marked by the education provider and externally quality assured by Open Awards.<br><br>Candidates must provide sufficient evidence that they have the required knowledge, skills and understanding of the assessment criteria and that it is their own work.<br><br>Types of evidence could include:<br>a) Observation of performance<br>b) Questioning (written or oral)<br>c) Practical Activities<br>d) Photographs or videos<br>e) Personal statements<br>f) Project work<br>g) Witness testimonies<br>h) Group discussion<br>i) Recognition of Prior Learning<br><br>Assessment practices must reflect the Equality and Diversity Policy of Open Awards. |

# Qualification Units

| Rules of Combination | |
|---|---|
| **Diploma** | |
| Credit Value of the Qualification | 37 |
| Minimum Credits to be achieved at the Level of the Qualification | 28 |
| Mandatory Units A | 1 |
| Optional Unit Group B1 | 6 |
| Optional Unit Group B2 | 6 |
| Optional Unit Group B3 | 6 |
| Optional Unit Group B4 | 3 |
| Optional Unit Group B5 | 3 |
| Optional Unit Group B6 | 3 |
| The remaining credit can be taken from any B group within the qualification<br>***Units with the same title at different levels are barred.*** | 9 |

(A) Mandatory Unit Group

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| J/615/6926 | Independent Living | 1 | Entry Level One |

(B1) Household Skills

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| F/615/5712 | Cooking Techniques | 3 | Entry Level One |
| L/615/5714 | Everyday Food and Drink Preparation | 3 | Entry Level One |
| Y/615/6929 | Food Safety and Storage | 3 | Entry Level One |
| L/615/6930 | Household Cleaning | 3 | Entry Level One |
| R/615/6931 | Household Expenses | 3 | Entry Level One |
| Y/615/6932 | Household Shopping | 3 | Entry Level One |
| R/615/5715 | Kitchen Hygiene | 1 | Entry Level One |
| Y/615/5716 | Make a Meal | 3 | Entry Level One |
| D/615/6933 | Pet Care | 3 | Entry Level One |
| K/615/6787 | Using Domestic Appliances | 2 | Entry Level Two |

(B2) Personal Care

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| H/615/6934 | Choosing Clothing and Footwear | 2 | Entry Level One |
| L/615/5664 | Emotional Wellbeing | 2 | Entry Level One |
| K/615/5588 | E-Safety | 3 | Entry Level One |
| F/615/5726 | Health and Fitness | 3 | Entry Level One |
| K/615/5851 | Health and Fitness | 3 | Entry Level Two |
| K/615/6935 | Looking after Clothes | 3 | Entry Level One |
| T/615/6792 | Looking After Clothes | 3 | Entry Level Two |
| M/615/6936 | Personal Care and Hygiene | 3 | Entry Level One |
| T/615/6937 | Personal Health | 3 | Entry Level One |
| A/615/6938 | Personal Presentation | 3 | Entry Level One |
| F/615/6939 | Personal Safety | 3 | Entry Level One |
| L/615/6796 | Personal Safety | 3 | Entry Level Two |
| J/615/5713 | Understanding a Balanced Diet | 3 | Entry Level One |

(B3) Accessing Community Facilities

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| A/615/6941 | Accessing Commercial Services | 3 | Entry Level One |
| F/615/6942 | Accessing Financial Services | 3 | Entry Level One |
| T/615/6940 | Accessing Health Services | 3 | Entry Level One |
| D/615/5667 | Accessing Leisure Services | 3 | Entry Level One |
| J/615/6943 | Getting about Safely | 3 | Entry Level One |
| H/615/5668 | Knowing Your Local Area | 3 | Entry Level One |
| L/615/6944 | Using Public Transport – Buses and Trains | 3 | Entry Level One |

(B4) Personal Development

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| J/615/5596 | Dealing with Problems | 2 | Entry Level One |
| F/615/5662 | Developing Assertiveness | 2 | Entry Level One |
| D/615/7029 | Making Choices | 1 | Entry Level One |
| A/615/5658 | Personal Awareness | 2 | Entry Level One |
| R/615/6945 | Understanding Relationships | 2 | Entry Level One |

(B5) Leisure Activities

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| R/615/7030 | Accessing the Countryside | 3 | Entry Level One |
| Y/615/7031 | Computer Games | 1 | Entry Level One |
| Y/615/6946 | Eating Out | 3 | Entry Level One |
| D/615/5796 | Exploring Art | 3 | Entry Level Two |
| H/615/5704 | Exploring Art | 3 | Entry Level One |
| T/615/5707 | Exploring Dance | 3 | Entry Level One |
| A/615/5708 | Exploring Music | 3 | Entry Level One |
| Y/615/6185 | Exploring Music | 3 | Entry Level Two |
| J/615/6957 | Exploring Performance | 3 | Entry Level One |
| D/615/6947 | Gardening for Pleasure | 3 | Entry Level One |
| H/615/6948 | Hobbies | 2 | Entry Level One |
| K/615/6949 | Participation in Team Activities | 3 | Entry Level One |
| T/615/6811 | Participation in Team Activities | 3 | Entry Level Two |

(B6) Rights and Responsibilities

| QAC Code | Unit Name | Credits | Level |
|---|---|---|---|
| D/615/6950 | Environmental Issues | 2 | Entry Level One |
| H/615/6951 | Law and Order | 2 | Entry Level One |
| F/615/6956 | Living in a Diverse Society | 2 | Entry Level One |
| A/615/6955 | Self-Advocacy | 3 | Entry Level One |
| Y/615/6817 | Self-Advocacy | 3 | Entry Level Two |
| T/615/6923 | Self-Advocacy | 3 | Entry Level Three |
| K/615/6952 | Understanding Rights and Responsibilities | 2 | Entry Level One |
| T/615/6954 | Volunteering | 2 | Entry Level One |
| M/615/6953 | Working as a Volunteer | 3 | Entry Level One |

# Delivering this Qualification

## Becoming a Centre

To deliver this qualification you must be a recognised Open Awards centre. For more information, head to our website or contact the team on 0151 494 2072

## How to Deliver

You can deliver this qualification by completing a New Qualification Request Form via the Open Awards portal. For more information, see the Centre Handbook, or contact the team on 0151 494 2072.

## Registering Learners

Once you are ready to deliver this qualification, you will need to register your learners in line with the timescales below:

Short courses (15 weeks or less) within 25 working days of the course start date.
Full year long courses (over 15 weeks) within 60 working days of the course start date.

You will need to register your learners via the Open Awards portal.

## Quality Assurance and Standardisation

Delivery of this qualification must be done so in accordance with Ofqual regulatory guidelines and in line with Open Awards' quality assurance processes. Template forms and guidance documents are available via the Open Awards portal.

**Centre Staff Requirements**

Centres are responsible for ensuring that their staff are suitably skilled and experienced. Tutors/ assessors and internal quality assurance (IQA) staff must have relevant occupational knowledge and/or occupational competence at the same level or higher as the units being delivered.
Although not mandatory, best practice would be for Assessors to hold the relevant D32/D33/A1/AQA unit(s) and Level 3 Award in Education or Training. Likewise, best practice would be for Internal Verifiers to hold the relevant D34/V1/IQA unit(s).
Centres are responsible for notifying Open Awards of staff changes.

**Training and support**

Open Awards offers training and support events in Delivery & Assessment and Quality Assurance. These events are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of these training events are on our website.

**Internal Quality Assurance (IQA)**

All centres delivering Open Awards provision must operate rigorous internal quality assurance systems. A centre must identify how they will internally quality assure and standardise their delivery and assessment before delivering a course.

**External Quality Assurance (EQA)**

Centre approval compliance monitoring and external quality assurance is carried out by Open Awards' Lead Quality Reviewers/External Quality Assurers who will confirm that the centre is assessing to standard and ensure that there are robust quality assurance systems embedded.

Please refer to Internal and External Quality Assurance within the Centre Handbook.

**Standardisation**

Centres are required to contribute to national standardisation as requested by Open Awards. Open Awards offers Standardisation events that are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of training and standardisation events can be found on our website.

Further guidance on Quality Assurance and Standardisation please refer to the Centre Handbook

## Recognition of Prior Learning and Achievement (RPL)

RPL is a method of assessment that considers whether a learner can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they may already possess. Evidence of learning must be sufficient, reliable and valid.

It is the responsibility of the centre to inform Open Awards at registration of any exemptions and/or equivalences for which a claim may be made. These claims will be subject to external verification by the Open Awards' Lead Quality Reviewer for the centre.

For more information, please see our Recognition of Prior Learning Policy found on the Open Awards portal.

## Appendices and Links

| Appendix Name |
| --- |
| Centre Handbook |
| Enquiries, Complaints and Appeals Policy |
| Equality and Diversity Policy |
| Invoicing Policy |
| Privacy Policy |

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