

Purpose Statement

Open Awards L4 Diploma in Mental Health Aware Leadership

The primary purpose of this qualification is to support you to develop knowledge and skills relevant to a particular specialisation within an occupation or set of occupations. This qualification will support you to develop knowledge around being a Mentor and to apply that knowledge within your own setting.

The qualification will enable leaders within education, workplace or service provider settings to develop knowledge and skills to specialise in the support of mental health within your own workplace setting. It is designed to help you develop leadership skills that link directly to mental health and wellbeing priorities for employers and employees.

Who is it for?

This qualification is designed for learners working in a leadership role within a workplace, education setting or service provider, who wish to develop leadership skills relating to support the mental health and wellbeing of employees, customers of service users.

What does this qualification cover?

The qualification has a set of 4 mandatory units covering:

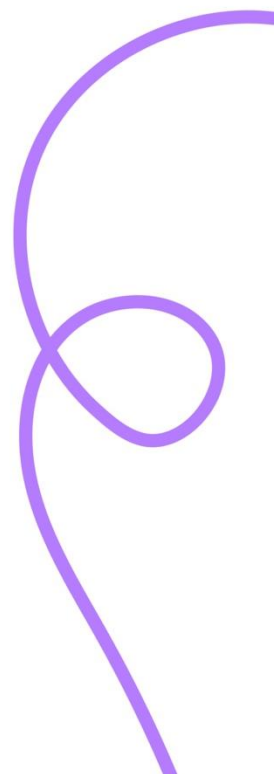
- Recognising Common Mental Health Difficulties in Others
- Researching a Mental Health Leadership Topic
- Supporting Wellbeing in own Organisation
- The Role of a Leader in Contributing towards the Mental Health of Others.

It has an optional unit to provide one of three pathways focusing on the responsibilities in your own organisation to support mental health and wellbeing (Workplace, Education, Education Mental Health Lead and Service Provider).

The Diploma, then, requires you to implement and evaluate a Mental Health Strategy of your own. As such it contains units to reflect the necessary skills and understanding, as well as the execution and evaluation of the strategy:

- Understanding Self-Wellbeing
- Cross-Curriculum Approach to Mental Health and Wellbeing
- Writing a Mental Health Action Plan
- Monitoring and Reporting a Mental Health and Wellbeing Strategy

Thus culminates in the Unit “Implementing a Mental Health Strategy”, which will take the form of an extended project, which you will need to put in place, collect information from and evaluate it.



What are the assessment methods?

You will be required to complete a portfolio of evidence to achieve this qualification. Types of evidence included in your portfolio could include:

- Written assignments
- Practical activities
- Reflective journals
- Questions/answers
- Worksheets
- Recorded discussions
- Your project evaluating your implemented strategy.

What are the progression opportunities?

This qualification has been designed to support progression within the workplace to support you to take on additional roles/responsibilities as a mental health aware leader within your own organisation.

If combined with the correct complimentary qualifications and experience, it could also support your progression to further learning or training to a higher-level qualification, including:

- Level 5 Health & Social Care Management
- Level 5 Educational Management
- Level 5 Leadership and Management

Who supported the development of this qualification?

This qualification has been developed and is delivered in partnership with The Root Of It.

