

# Open Awards Qualification Unit



This unit forms part of a regulated qualification

## 1 Unit Details

Unit Title:	Equine Sports Massage Techniques
Unit Reference Number:	F/650/3933
Level:	4
Credit Value:	17
Minimum GLH:	70

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to perform standard massage strokes	1.1 Safely and effectively perform the following standard strokes: <ul style="list-style-type: none"><li>a) Effleurage</li><li>b) Compression</li><li>c) Kneading</li><li>d) Wringing</li><li>e) Tapotement</li><li>f) Friction</li></ul>
	1.2 Evaluate the effect of each of the following standard strokes: <ul style="list-style-type: none"><li>a) Effleurage</li><li>b) Compression</li><li>c) Kneading</li><li>d) Wringing</li><li>e) Tapotement</li><li>f) Friction</li></ul>
2. Be able to perform specialised manual techniques	2.1 Safely and effectively perform the following specialised techniques: <ul style="list-style-type: none"><li>a) Skin rolling</li><li>b) Myofascial release</li><li>c) Trigger point therapy</li></ul>

		2.2	Evaluate the reasons for use, supporting theory and effect of the following specialised techniques: <ul style="list-style-type: none"> <li>a) Skin rolling</li> <li>b) Myofascial release</li> <li>c) Trigger point therapy</li> </ul>
3.	Be able to perform a complete equine sports massage treatment	3.1	Perform a safe and effective massage treatment on a horse
		3.2	Evaluate conclusions drawn from palpation
		3.3	Justify choice/implementation of strokes used
		3.4	Evaluate the effectiveness of completed equine sports massage treatment
4.	Be able to explain contraindications to treatment	4.1	Describe contraindications for performing equine sports massage
		4.2	Demonstrate how to test patient suitability
5.	Be able to reflect on own performance	5.1	Reflect on own performance, assessing areas for improvement and continued professional development

### Unit note:

This unit should include live work. Learners are required to complete a minimum of 100 hours in a practical, live environment.