

# Access to H.E. National Programme Unit



Unit Title:	Psychological Trauma		
Graded Unit Code:	GA33PSY21	Ungraded Unit Code:	UA33PSY21
Pathway(s):	Humanities		
Module(s):	Psychology		
Level:	3	Credit Value:	3
Valid from:	1 <sup>st</sup> August 2019	Valid to:	31 <sup>st</sup> July 2025

**The following QAA grade descriptors must be applied if you are delivering the graded version of this unit:**

1	Understanding of the subject
2	Application of knowledge
5	Communication and presentation
7	Quality

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the differing approaches to explaining psychological trauma	1.1 Provide a definition of trauma
	1.2 Explain cognitive, affective and behavioural responses to trauma
	1.3 Evaluate contrasting psychological explanations of trauma
2. Understand Post Traumatic Stress Disorder	2.1 Define and describe Post Traumatic Stress Disorder (PTSD) including the main symptoms of re-experiencing, avoidance, and hyperarousal
	2.2 Outline the incidence of PTSD in the general population
	2.3 Discuss factors that increase risk for PTSD
3. Understand the diagnosis and treatment interventions for trauma	3.1 Outline the concept of post-traumatic growth

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
	3.2 Describe the main treatments for PTSD
	3.3 Discuss how psychoeducation can be used to normalise trauma responses
	3.4 Evaluate contemporary treatments used for PTSD, such as EMDR and TFCBT