

## Access to Higher Education Unit

This unit forms part of an Access to HE Diploma. If delivering the graded version of this unit, please refer to the Provider Handbook for details on grading descriptors and the application of these across units within your programme.

**Unit Title:** Social Perspectives in Mental Health

**Graded Unit Reference Number:** GA33PSY23

**Ungraded Unit Reference Number:** UA33PSY23

**Module:** Health Studies; Psychology; Sociology

**Level:** Three (3)

**Credit Value:** Three (3)

**Minimum Guided Learning Hours:** 30

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the sociological/ economic factors that impact those experiencing mental health illness	1.1 Define what is meant by good mental health and wellbeing
	1.2 Identify and describe a range of social and economic factors associated with the rise of mental health illnesses for both men and women
	1.3 Discuss ways to support the most vulnerable people in contemporary Britain to maintain good mental health and well-being
2. Understand how inequality and social exclusions impact those with mental health	2.1 Reflect upon your own and contemporary society's view of mental health illness
	2.2 Describe the impact social isolation and stigma can have on a person managing mental health issues e.g ethnic and other marginalised groups
	2.3 Discuss how economic inequalities impact those experiencing mental health illness
3. Understand the historical context of mental health legislation and the treatment of those with mental health illness	3.1 Describe the historical development of current policies in mental health legislation

3.2 Discuss the contemporary principals of equality and social inclusion in relation to mental health illness interventions