

## Access to Higher Education Unit

This unit forms part of an Access to HE Diploma. If delivering the graded version of this unit, please refer to the Provider Handbook for details on grading descriptors and the application of these across units within your programme.

**Unit Title:** Child and Adolescent Mental Health and Wellbeing

**Graded Unit Reference Number:** GA33PSY22

**Ungraded Unit Reference Number:** UA33PSY22

**Module:** Health Studies; Psychology; Sociology

**Level:** Three (3)

**Credit Value:** Three (3)

**Minimum Guided Learning Hours:** 30

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the historical and current context of mental health services for children and adolescents	1.1 Identify and describe a range of mental health issues and disorders commonly associated with children and adolescents
	1.2 Describe the distinct needs of children and adolescents who experience mental ill health
	1.3 Examine the historical background and development of current legislation and policies around child and adolescent mental health services
2. Understand the reasons why children and adolescents may experience mental ill health and poor well-being	2.1 Identify and discuss reasons for the rise in child and adolescent mental ill health in contemporary Britain
	2.2 Describe the impact on children and adolescent's well-being when there is parental mental illness
3. Understand a range of child and adolescent therapeutic interventions and how effective they are in improving mental health	3.1 Identify and describe a range of interventions and therapies for children and adolescents with mental health disorders
	3.2 Evaluate the effectiveness of two contrasting interventions or therapies