

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Assisting in Planning and Delivering a Sports or Leisure Activity
Unit Reference Number:	Y/615/8633
Level:	Level 1
Credit Value:	4
Minimum GLH:	36

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the qualities and responsibilities needed for supporting a leader of a sports or active leisure activity	1.1 Outline the qualities needed to support a sports or active leisure leader including: a) personality b) motivation c) communication skills
	1.2 Identify the responsibilities when supporting a sports or active leisure leader including: a) professional conduct b) health and safety
2. Be able to assist in planning a sports or active leisure activity	2.1 Suggest what would be included in the plan for a sports or active leisure activity
	2.2 Contribute to a plan for an activity for part of a sport or active leisure activity
3. Be able to support delivery of part of a sports and active leisure activity	3.1 Help to deliver activity according to agreed plan demonstrating: a) communication skills b) professional conduct c) awareness of health and safety