

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Understand Person-Centred Approaches in Adult Social Care Settings
Unit Reference Number:	Y/615/9216
Level:	Level 2
Credit Value:	4
Minimum GLH:	34

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand person-centred approaches for care and support	1.1 Define person-centred values in care
	1.2 Describe the importance of working in a way that embeds person-centred values in a social care setting
2. Understand how to implement a person-centred approach in an adult social care setting	2.1 Describe how to find out the history, preferences, wishes and needs of an individual
	2.2 Describe how to take into account the history, preferences, wishes and needs of an individual when planning care and support
	2.3 Assess how using an individual's care plan contributes to working in a person-centred way
3. Understand the importance of establishing consent when providing care or support	3.1 Define the term "consent"
	3.2 Describe the importance of gaining consent when providing care or support
	3.3 Describe how to establish consent for an activity or action
4. Understand how to encourage active participation in a social care setting	4.1 Define what is meant by active participation in social care
	4.2 Describe how active participation benefits an individual

	4.3	Describe ways of reducing barriers to active participation in a social care setting
	4.4	Describe ways of encouraging active participation in a social care setting
5. Understand how to support an individual's right to make choices	5.1	Describe ways of supporting an individual to make informed choices
	5.2	Describe reasons that risk-taking is part of an individual's choices
	5.3	Describe how agreed risk assessment processes are used to support the right to make choices
	5.4	Describe the impact of a worker's personal views on an individual's choice
	5.5	Describe how to support an individual to question or challenge decisions concerning them that are made by others
6. Understand how to promote an individual's well-being	6.1	Describe ways that individual identity and self esteem are linked with well-being
	6.2	Describe attitudes and approaches that are likely to promote an individual's well-being
	6.3	Describe ways to contribute to an environment that promotes well-being

The contents of this unit could be linked to [The Care Certificate Standards](#)

LO1 1.2 Describe the importance of working in a way that embeds person-centred values in a social care setting. This can be mapped over to Element 5 5.1a Describe how to put person-centred values into practice in their day to day work.

LO2 2.1 Describe how to find out the history, preferences, wishes and needs of an individual. This can be mapped over to Element 5 5.2a Describe the importance of finding out the history, preferences, wishes and needs of the individual.