



openawards

# Open Awards Entry Level 3 Diploma in Independent Living (RQF)

Diploma 600/5108/5



QUALIFICATION GUIDE

<b>Contents</b>		
1.	<a href="#">About the Qualification</a>	Page 3
3.	<a href="#">Qualification Units</a>	Page 5
4.	<a href="#">Delivering this Qualification</a>	Page 8
5.	<a href="#">Appendices and Links</a>	Page 10

## About the Qualification

<b>Title</b>	Open Awards Entry Level 3 Diploma in Independent Living (RQF)
<b>QAN</b>	Diploma – 600/5108/5
<b>Sector</b>	14.1 Foundations for Learning and Life
<b>Level</b>	Entry Level 3
<b>Funding</b>	<a href="#">Please click here for more information</a>
<b>Pricing Information</b>	<a href="#">Please click here for more information</a>
<b>Review Date</b>	31/08/2026

<b>Ofqual Purpose</b>	Recognise personal growth and engagement in learning
<b>Ofqual Sub-Purpose</b>	Recognise development of knowledge and/or skills to operate independently and effectively in life, learning and work

<b>Total Qualification Time/Guided Learning</b>	
<b>Diploma</b>	
Total Qualification Time (hours)	370
Guided Learning (hours)	370

<b>Age Range and Restrictions:</b>	
Pre -16	✓
16 – 18	✓
19+	✓
Any other restrictions specific to the qualification(s)	None

<b>Any specified entry requirements</b>
There are no age restrictions for working towards this qualification and no specific prior achievements required.

## Recommended Assessment Method Summary

Learners will be required to complete a portfolio of evidence set and marked by the education provider and externally quality assured by Open Awards.

Candidates must provide sufficient evidence that they have the required knowledge, skills and understanding of the assessment criteria and that it is their own work.

Types of evidence could include:

- a) Observation of performance
- b) Questioning (written or oral)
- c) Practical Activities
- d) Photographs or videos
- e) Personal statements
- f) Project work
- g) Witness testimonies
- h) Group discussion
- i) Recognition of Prior Learning

Assessment practices must reflect the Equality and Diversity Policy of Open Awards.

## Qualification Units

Rules of Combination	
Diploma	
Credit Value of the Qualification	37
Minimum Credits to be achieved at the Level of the Qualification	28
Mandatory Units A	1
Optional Unit Group B1	6
Optional Unit Group B2	6
Optional Unit Group B3	6
Optional Unit Group B4	3
Optional Unit Group B5	3
Optional Unit Group B6	3
The remaining credit can be taken from any B group within the qualification <b>Units with the same title at different levels are barred.</b>	9

### (A) Mandatory Unit Group

QAC Code	Unit Name	Credits	Level
R/615/6864	<a href="#">Independent Living</a>	1	Entry Level Three

### (B1) Household Skills

QAC Code	Unit Name	Credits	Level
K/615/6515	<a href="#">Cooking Techniques</a>	3	Entry Level Three
J/615/5842	<a href="#">Food and Drink Preparation</a>	3	Entry Level Two
M/615/6516	<a href="#">Food and Drink Preparation</a>	3	Entry Level Three
L/615/6524	<a href="#">Food Safety and Storage</a>	3	Entry Level Three
L/615/6782	<a href="#">Household Cleaning</a>	3	Entry Level Two
Y/615/6865	<a href="#">Household Cleaning</a>	3	Entry Level Three
R/615/6783	<a href="#">Household Expenses</a>	3	Entry Level Two
D/615/6866	<a href="#">Household Expenses</a>	3	Entry Level Three
K/615/6868	<a href="#">Household Shopping</a>	3	Entry Level Three
J/615/5839	<a href="#">Kitchen Hygiene</a>	1	Entry Level Two
T/615/6517	<a href="#">Kitchen Hygiene</a>	1	Entry Level Three
A/615/5840	<a href="#">Make a Meal</a>	3	Entry Level Two
A/615/6518	<a href="#">Make a Meal</a>	3	Entry Level Three
H/615/6870	<a href="#">Pet Care</a>	3	Entry Level Three
M/615/6869	<a href="#">Recycling and Managing Waste</a>	2	Entry Level Three
K/615/6871	<a href="#">Using Domestic Appliances</a>	2	Entry Level Three

(B2) Personal Care

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
A/615/6874	<a href="#">Choosing Clothing and Footwear</a>	2	Entry Level Three
J/615/6876	<a href="#">Drug and Alcohol Awareness</a>	2	Entry Level Three
J/615/6425	<a href="#">E-Safety</a>	3	Entry Level Three
K/615/5851	<a href="#">Health and Fitness</a>	3	Entry Level Two
R/615/6296	<a href="#">Health and Fitness</a>	3	Entry Level Three
L/615/6880	<a href="#">Looking After Clothes</a>	3	Entry Level Three
A/615/6793	<a href="#">Personal Care and Hygiene</a>	3	Entry Level Two
R/615/6881	<a href="#">Personal Care and Hygiene</a>	3	Entry Level Three
F/615/6794	<a href="#">Personal Health</a>	3	Entry Level Two
Y/615/6882	<a href="#">Personal Health</a>	3	Entry Level Three
D/615/6883	<a href="#">Personal Presentation</a>	3	Entry Level Three
H/615/6884	<a href="#">Personal Safety</a>	3	Entry Level Three
L/615/6796	<a href="#">Personal Safety</a>	3	Entry Level Two
K/615/6790	<a href="#">Understanding a Balanced Diet</a>	3	Entry Level Two

(B3) Accessing Community Facilities

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
F/615/6889	<a href="#">Accessing Commercial Services</a>	3	Entry Level Three
Y/615/6798	<a href="#">Accessing Financial Services</a>	3	Entry Level Two
R/615/6900	<a href="#">Accessing Financial Services</a>	3	Entry Level Three
D/615/6799	<a href="#">Accessing Health Services</a>	3	Entry Level Two
Y/615/6901	<a href="#">Accessing Health Services</a>	3	Entry Level Three
H/615/6903	<a href="#">Accessing Leisure Services</a>	3	Entry Level Three
D/615/6902	<a href="#">Accessing Support Services</a>	3	Entry Level Three
K/615/6904	<a href="#">Getting About Safely</a>	3	Entry Level Three
L/615/6426	<a href="#">Knowing your Local Area</a>	3	Entry Level Three
M/615/6905	<a href="#">Using Public Transport – Buses and Trains</a>	3	Entry Level Three

(B4) Personal Development

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
T/615/6906	<a href="#">Developing Assertiveness</a>	2	Entry Level Three
A/615/6907	<a href="#">Making Choices</a>	1	Entry Level Three
T/615/6369	<a href="#">Personal Awareness</a>	3	Entry Level Three
Y/615/6803	<a href="#">Understanding Relationships</a>	2	Entry Level Two
F/615/6908	<a href="#">Understanding Relationships</a>	2	Entry Level Three

(B5) Leisure Activities

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
D/615/6804	<a href="#">Accessing the Countryside</a>	3	Entry Level Two
J/615/6909	<a href="#">Accessing the Countryside</a>	3	Entry Level Three
A/615/6910	<a href="#">Computer Games</a>	2	Entry Level Three
F/615/6911	<a href="#">Eating Out</a>	3	Entry Level Three
D/615/5796	<a href="#">Exploring Art</a>	3	Entry Level Two
J/615/6912	<a href="#">Exploring Art</a>	3	Entry Level Three
H/615/6187	<a href="#">Exploring Dance</a>	3	Entry Level Two
R/615/6475	<a href="#">Exploring Dance</a>	3	Entry Level Three
Y/615/6185	<a href="#">Exploring Music</a>	3	Entry Level Two
Y/615/6476	<a href="#">Exploring Music</a>	3	Entry Level Three
R/615/6914	<a href="#">Exploring Performance</a>	3	Entry Level Three
Y/615/6915	<a href="#">Gardening for Pleasure</a>	3	Entry Level Three
D/615/6916	<a href="#">Hobbies</a>	2	Entry Level Three
M/615/6810	<a href="#">Outdoor Pursuits</a>	3	Entry Level Two
T/615/6811	<a href="#">Participation in Team Activities</a>	3	Entry Level Two
H/615/6917	<a href="#">Participation in Team Activities</a>	3	Entry Level Three

(B6) Rights and Responsibilities

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
K/615/6918	<a href="#">Environmental Issues</a>	2	Entry Level Three
M/615/6919	<a href="#">Law and Order</a>	2	Entry Level Three
F/615/6813	<a href="#">Law and Order</a>	2	Entry Level Two
A/615/6924	<a href="#">Living in a Diverse Society</a>	2	Entry Level Three
Y/615/6817	<a href="#">Self-Advocacy</a>	3	Entry Level Two
T/615/6923	<a href="#">Self-Advocacy</a>	3	Entry Level Three
H/615/6920	<a href="#">Understanding Rights and Responsibilities</a>	3	Entry Level Three
J/615/6814	<a href="#">Understanding Rights and Responsibilities</a>	3	Entry Level Two
M/615/6922	<a href="#">Volunteering</a>	2	Entry Level Three
K/615/6921	<a href="#">Working as a Volunteer</a>	3	Entry Level Three
L/615/6815	<a href="#">Working as a Volunteer</a>	3	Entry Level Two

## Delivering this Qualification

### **Becoming a Centre**

To deliver this qualification you must be a recognised Open Awards centre. For more information, head to our website or contact the team on 0151 494 2072

### **How to Deliver**

You can deliver this qualification by completing a [New Qualification Request Form](#) via the Open Awards portal. For more information, see the Centre Handbook, or contact the team on 0151 494 2072.

### **Registering Learners**

Once you are ready to deliver this qualification, you will need to register your learners in line with the timescales below:

Short courses (15 weeks or less) within 25 working days of the course start date.  
Full year long courses (over 15 weeks) within 60 working days of the course start date.

You will need to register your learners via the Open Awards [portal](#).

### **Quality Assurance and Standardisation**

Delivery of this qualification must be done so in accordance with Ofqual regulatory guidelines and in line with Open Awards' quality assurance processes. Template forms and guidance documents are available via the Open Awards portal.

#### **Centre Staff Requirements**

Centres are responsible for ensuring that their staff are suitably skilled and experienced. Tutors/ assessors and internal quality assurance (IQA) staff must have relevant occupational knowledge and/or occupational competence at the same level or higher as the units being delivered.

Although not mandatory, best practice would be for Assessors to hold the relevant D32/D33/A1/AQA unit(s) and Level 3 Award in Education or Training. Likewise, best practice would be for Internal Verifiers to hold the relevant D34/V1/IQA unit(s).

Centres are responsible for notifying Open Awards of staff changes.

#### **Training and support**

Open Awards offers training and support events in Delivery & Assessment and Quality Assurance. These events are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of these training events are on our [website](#).

#### **Internal Quality Assurance (IQA)**

All centres delivering Open Awards provision must operate rigorous internal quality assurance systems. A centre must identify how they will internally quality assure and standardise their delivery and assessment before delivering a course.



### **External Quality Assurance (EQA)**

Centre approval compliance monitoring and external quality assurance is carried out by Open Awards' Lead Quality Reviewers/External Quality Assurers who will confirm that the centre is assessing to standard and ensure that there are robust quality assurance systems embedded.

Please refer to Internal and External Quality Assurance within the Centre Handbook.

### **Standardisation**

Centres are required to contribute to national standardisation as requested by Open Awards. Open Awards offers Standardisation events that are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of training and standardisation events can be found on our website.

Further guidance on Quality Assurance and Standardisation please refer to the [Centre Handbook](#)

### **Recognition of Prior Learning and Achievement (RPL)**

RPL is a method of assessment that considers whether a learner can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they may already possess. Evidence of learning must be sufficient, reliable and valid.

It is the responsibility of the centre to inform Open Awards at registration of any exemptions and/or equivalences for which a claim may be made. These claims will be subject to external verification by the Open Awards' Lead Quality Reviewer for the centre.

For more information, please see our Recognition of Prior Learning Policy found on the Open Awards [portal](#).

## Appendices and Links

Appendix Name
<a href="#">Centre Handbook</a>
<a href="#">Enquiries, Complaints and Appeals Policy</a>
<a href="#">Equality and Diversity Policy</a>
<a href="#">Invoicing Policy</a>
<a href="#">Privacy Policy</a>

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Open Awards  
17 De Havilland Drive,  
Estuary Commerce Park  
Speke  
Liverpool  
L24 8N

**0151 494 2072**

[enquiries@openawards.org.uk](mailto:enquiries@openawards.org.uk)

[www.openawards.org.uk](http://www.openawards.org.uk)

@openawards