



openawards

Open Awards Entry Level 3 Award and Certificate in Independent Living - Looking After Yourself and Your Home (RQF)

Award 603/2302/4

Certificate 600/6999/5



QUALIFICATION GUIDE

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Version Control	
December 2022	The Rules of Combination for the Certificate have been updated to ensure clarity for the reader.

About the Qualification

Title	Entry Level 3 Award and Certificate in Independent Living – Looking After Yourself and Your Home (RQF)
QAN	Award - 603/2302/4 Certificate - 600/6999/5
Sector	14.1 Foundations for Learning and Life
Level	Entry Level 3
Funding	Please click here for more information
Pricing Information	Please click here for more information
Review Date	31/08/2026

Ofqual Purpose	Recognise personal growth and engagement in learning
Ofqual Sub-Purpose	Recognise development of knowledge and/or skills to operate independently and effectively in life, learning and work

Total Qualification Time/Guided Learning	
Award	
Total Qualification Time (hours)	60
Guided Learning (hours)	60
Certificate	
Total Qualification Time (hours)	150
Guided Learning (hours)	150

Age Range and Restrictions:	
Pre -16	✓
16 – 18	✓
19+	✓
Any other restrictions specific to the qualification(s)	None

Any specified entry requirements
There are no age restrictions for working towards this qualification and no specific prior achievements required.

Recommended Assessment Method Summary

Learners will be required to complete a portfolio of evidence set and marked by the education provider and externally quality assured by Open Awards.

Candidates must provide sufficient evidence that they have the required knowledge, skills and understanding of the assessment criteria and that it is their own work.

Types of evidence could include:

- a) Observation of performance
- b) Questioning (written or oral)
- c) Practical Activities
- d) Photographs or videos
- e) Personal statements
- f) Project work
- g) Witness testimonies
- h) Group discussion
- i) Recognition of Prior Learning

Assessment practices must reflect the Equality and Diversity Policy of Open Awards.

Qualification Units

Rules of Combination	
Award	
Credit Value of the Qualification	6
Minimum Credits to be achieved at the Level of the Qualification	4
Mandatory Units A	1
Generic Unit Groups B1-B3	5
Certificate	
Credit Value of the Qualification	15
Minimum Credits to be achieved at the Level of the Qualification	8
Mandatory Units A	1
Optional Unit Group B1 a minimum of	3
Optional Unit Group B2 a minimum of	3
Optional Unit Group B3 a minimum of	3
The remaining 5 credits may be taken from any of the B1, B2 or B3 option unit groups.	5

(A) Mandatory Unit Group

QAC Code	Unit Name	Credits	Level
L/615/6863	Looking After Yourself and Your Home	1	Entry Level Three

(B1) Household Skills

QAC Code	Unit Name	Credits	Level
K/615/6515	Cooking Techniques	3	Entry Level Three
J/615/5842	Food and Drink Preparation	3	Entry Level Two
M/615/6516	Food and Drink Preparation	3	Entry Level Three
L/615/6524	Food Safety and Storage	3	Entry Level Three
L/615/6782	Household Cleaning	3	Entry Level Two
Y/615/6865	Household Cleaning	3	Entry Level Three
R/615/6783	Household Expenses	3	Entry Level Two
D/615/6866	Household Expenses	3	Entry Level Three
K/615/6868	Household Shopping	3	Entry Level Three
J/615/5839	Kitchen Hygiene	1	Entry Level Two
T/615/6517	Kitchen Hygiene	1	Entry Level Three
A/615/5840	Make a Meal	3	Entry Level Two
A/615/6518	Make a Meal	3	Entry Level Three
H/615/6870	Pet Care	3	Entry Level Three
M/615/6869	Recycling and Managing Waste	2	Entry Level Three
K/615/6871	Using Domestic Appliances	2	Entry Level Three

(B2) Personal Care

QAC Code	Unit Name	Credits	Level
A/615/6874	Choosing Clothing and Footwear	2	Entry Level Three
J/615/6876	Drug and Alcohol Awareness	2	Entry Level Three
J/615/6425	E-Safety	3	Entry Level Three
K/615/5851	Health and Fitness	3	Entry Level Two
R/615/6296	Health and Fitness	3	Entry Level Three
L/615/6880	Looking After Clothes	3	Entry Level Three
A/615/6793	Personal Care and Hygiene	3	Entry Level Two
R/615/6881	Personal Care and Hygiene	3	Entry Level Three
F/615/6794	Personal Health	3	Entry Level Two
Y/615/6882	Personal Health	3	Entry Level Three
D/615/6883	Personal Presentation	3	Entry Level Three
H/615/6884	Personal Safety	3	Entry Level Three
L/615/6796	Personal Safety	3	Entry Level Two
K/615/6790	Understanding a Balanced Diet	3	Entry Level Two

(B3) Personal Development and Leisure Activities

QAC Code	Unit Name	Credits	Level
D/615/6804	Accessing the Countryside	3	Entry Level Two
J/615/6909	Accessing the Countryside	3	Entry Level Three
A/615/6910	Computer Games	2	Entry Level Three
T/615/6906	Developing Assertiveness	2	Entry Level Three
F/615/6911	Eating Out	3	Entry Level Three
D/615/5796	Exploring Art	3	Entry Level Two
J/615/6912	Exploring Art	3	Entry Level Three
H/615/6187	Exploring Dance	3	Entry Level Two
R/615/6475	Exploring Dance	3	Entry Level Three
Y/615/6185	Exploring Music	3	Entry Level Two
Y/615/6476	Exploring Music	3	Entry Level Three
R/615/6914	Exploring Performance	3	Entry Level Three
Y/615/6915	Gardening for Pleasure	3	Entry Level Three
D/615/6916	Hobbies	2	Entry Level Three
A/615/6907	Making Choices	1	Entry Level Three
M/615/6810	Outdoor Pursuits	3	Entry Level Two
T/615/6811	Participation in Team Activities	3	Entry Level Two
H/615/6917	Participation in Team Activities	3	Entry Level Three
T/615/6369	Personal Awareness	3	Entry Level Three
Y/615/6803	Understanding Relationships	2	Entry Level Two
F/615/6908	Understanding Relationships	2	Entry Level Three

Delivering this Qualification

Becoming a Centre

To deliver this qualification you must be a recognised Open Awards centre. For more information, head to our website or contact the team on 0151 494 2072

How to Deliver

You can deliver this qualification by completing a [New Qualification Request Form](#) via the Open Awards portal. For more information, see the Centre Handbook, or contact the team on 0151 494 2072.

Registering Learners

Once you are ready to deliver this qualification, you will need to register your learners in line with the timescales below:

Short courses (15 weeks or less) within 25 working days of the course start date.
Full year long courses (over 15 weeks) within 60 working days of the course start date.

You will need to register your learners via the Open Awards [portal](#).

Quality Assurance and Standardisation

Delivery of this qualification must be done so in accordance with Ofqual regulatory guidelines and in line with Open Awards' quality assurance processes. Template forms and guidance documents are available via the Open Awards portal.

Centre Staff Requirements

Centres are responsible for ensuring that their staff are suitably skilled and experienced. Tutors/ assessors and internal quality assurance (IQA) staff must have relevant occupational knowledge and/or occupational competence at the same level or higher as the units being delivered.

Although not mandatory, best practice would be for Assessors to hold the relevant D32/D33/A1/AQA unit(s) and Level 3 Award in Education or Training. Likewise, best practice would be for Internal Verifiers to hold the relevant D34/V1/IQA unit(s).

Centres are responsible for notifying Open Awards of staff changes.

Training and support

Open Awards offers training and support events in Delivery & Assessment and Quality Assurance. These events are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of these training events are on our [website](#).

Internal Quality Assurance (IQA)

All centres delivering Open Awards provision must operate rigorous internal quality assurance systems. A centre must identify how they will internally quality assure and standardise their delivery and assessment before delivering a course.

External Quality Assurance (EQA)

Centre approval compliance monitoring and external quality assurance is carried out by Open Awards' Lead Quality Reviewers/External Quality Assurers who will confirm that the centre is assessing to standard and ensure that there are robust quality assurance systems embedded.

Please refer to Internal and External Quality Assurance within the Centre Handbook.

Standardisation

Centres are required to contribute to national standardisation as requested by Open Awards. Open Awards offers Standardisation events that are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of training and standardisation events can be found on our website.

Further guidance on Quality Assurance and Standardisation please refer to the [Centre Handbook](#)

Recognition of Prior Learning and Achievement (RPL)

RPL is a method of assessment that considers whether a learner can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they may already possess. Evidence of learning must be sufficient, reliable and valid.

It is the responsibility of the centre to inform Open Awards at registration of any exemptions and/or equivalences for which a claim may be made. These claims will be subject to external verification by the Open Awards' Lead Quality Reviewer for the centre.

For more information, please see our Recognition of Prior Learning Policy found on the Open Awards [portal](#).

Appendices and Links

Appendix Name
Centre Handbook
Enquiries, Complaints and Appeals Policy
Equality and Diversity Policy
Invoicing Policy
Privacy Policy

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Open Awards
17 De Havilland Drive,
Estuary Commerce Park
Speke
Liverpool
L24 8N

0151 494 2072

enquiries@openawards.org.uk

www.openawards.org.uk

@openawards