



openawards

Open Awards Level 3 Diploma in Sport Skills for Further Learning and Employment (RQF)

Diploma 600/8066/8



QUALIFICATION GUIDE

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About the Qualification

Title	Open Awards Level 3 Diploma in Sport Skills for Further Learning and Employment (RFQ)
QAN	Diploma – 600/8066/8
Sector	8.1 Sport, Leisure and Recreation
Level	3
Funding	Please click here for more information
Pricing Information	Please click here for more information
Review Date	30/09/2019

Ofqual Purpose	Prepare for further learning or training and/or develop knowledge and/or skills in a subject area
Ofqual Sub-Purpose	Prepare for further learning or training

Total Qualification Time/Guided Learning	
Diploma	
Total Qualification Time (hours)	480
Guided Learning (hours)	312

Age Range and Restrictions:	
Pre -16	✓
16 – 18	✓
19+	✓
Any other restrictions specific to the qualification(s)	None

Any specified entry requirements
There are no age restrictions for working towards this qualification and no specific prior achievements required.

Recommended Assessment Method Summary

Learners will be required to complete a portfolio of evidence set and marked by the education provider and externally quality assured by Open Awards.

Candidates must provide sufficient evidence that they have the required knowledge, skills and understanding of the assessment criteria and that it is their own work.

Types of evidence could include:

- a) Observation of performance
- b) Questioning (written or oral)
- c) Practical Activities
- d) Photographs or videos
- e) Personal statements
- f) Project work
- g) Witness testimonies
- h) Group discussion
- i) Recognition of Prior Learning

Assessment practices must reflect the Equality and Diversity Policy of Open Awards.

Qualification Units

Rules of Combination	
Diploma	
Credit Value of the Qualification	48
Minimum Credits to be achieved at the Level of the Qualification	26
Mandatory Units A	20
Endorsed Pathway	Minimum credits to be achieved from chosen pathway: Group B or Group C or Group D together with minimum credits from Group E
Endorsed Pathway – (Fitness and Training)	
Group B Mandatory Pathway Units: Fitness and Training	A minimum of 20 credits to be achieved from Group B A minimum of 8 credits to be achieved from Group E
Endorsed Pathway – (Health and Wellbeing)	
Group C Mandatory Pathway Units: Health and Wellbeing	A minimum of 18 credits to be achieved from Group C A minimum of 10 credits to be achieved from Group E
Endorsed Pathway - (Coaching and Instructing)	
Group D Mandatory Pathway Units: Coaching and Instructing	A minimum of 22 credits to be achieved from Group D A minimum of 6 credits to be achieved from Group E

Coaching and Instruction (D - CI)

QAC Code	Unit Name	Credits	Level
J/506/7797	Community Involvement in Activity Provision	3	Level Three
A/506/7795	Exercise and Fitness Instruction	10	Level Two
F/506/7796	Plan, Prepare and Lead Sports Activities Within an Event	10	Level Two
T/506/7794	Refine Leadership Skills	6	Level Three
H/506/7757	Taking Part in Sport for Personal Improvement	3	Level Two
M/506/7793	Understanding Sports Coaching Skills	6	Level Three

Fitness and Training (B FT)

QAC Code	Unit Name	Credits	Level
L/506/7784	Fitness Testing and Training	5	Level Two
Y/506/7786	Instructing Physical Activity and Exercise	10	Level Three
J/506/7783	Principles of Anatomy and Physiology in Sport	5	Level Three
H/506/7788	The Physiology of Fitness	5	Level Three

Health and Wellbeing (C - HW)

QAC Code	Unit Name	Credits	Level
K/506/7792	Develop Aspects of Physical Fitness	6	Level Three
K/506/7789	Exercise, Health and Lifestyle Factors	10	Level Three
J/506/7783	Principles of Anatomy and Physiology in Sport	5	Level Three
D/506/7790	Understanding Nutrition and Healthy Eating	3	Level Three

Mandatory Units (A - CI)

QAC Code	Unit Name	Credits	Level
J/506/7752	Developing Personal Study Skills	6	Level Three
D/506/7756	Developing Problem Solving Skills	2	Level Three
A/506/7750	Interpersonal and Written Communication	12	Level Three

Mandatory Units (A - FT)

QAC Code	Unit Name	Credits	Level
J/506/7752	Developing Personal Study Skills	6	Level Three
D/506/7756	Developing Problem Solving Skills	2	Level Three
A/506/7750	Interpersonal and Written Communication	12	Level Three

Mandatory Units (A - HW)

QAC Code	Unit Name	Credits	Level
J/506/7752	Developing Personal Study Skills	6	Level Three
D/506/7756	Developing Problem Solving Skills	2	Level Three
A/506/7750	Interpersonal and Written Communication	12	Level Three

Optional Units (E - CI)

QAC Code	Unit Name	Credits	Level
M/506/7762	Developing Own Interpersonal Skills	3	Level Two
T/506/7763	Developing Own Interpersonal Skills	3	Level Three
F/506/7779	Developing Personal and Team Effectiveness Using IT	4	Level Three
M/506/7860	Equality and Diversity	6	Level Three
R/506/7835	Exploring Equality and Diversity	8	Level Two
K/506/7761	Improving Team Building Skills	3	Level Two
M/506/7776	Introduction to Safeguarding Children	3	Level Two
Y/506/7769	Presentation Skills	1	Level Three
R/506/7771	Provide Excellent Customer Service	6	Level Three
R/506/7768	Research Skills	3	Level Three

T/506/7780	Risk Assessment - Principles and Practice	2	Level Three
H/506/7757	Taking Part in Sport for Personal Improvement	3	Level Two
K/506/7758	Understanding Prejudice and Discrimination	2	Level Two

Optional Units (E - FT)

QAC Code	Unit Name	Credits	Level
M/506/7762	Developing Own Interpersonal Skills	3	Level Two
T/506/7763	Developing Own Interpersonal Skills	3	Level Three
F/506/7779	Developing Personal and Team Effectiveness Using IT	4	Level Three
M/506/7860	Equality and Diversity	6	Level Three
R/506/7835	Exploring Equality and Diversity	8	Level Two
K/506/7761	Improving Team Building Skills	3	Level Two
M/506/7776	Introduction to Safeguarding Children	3	Level Two
Y/506/7769	Presentation Skills	1	Level Three
R/506/7771	Provide Excellent Customer Service	6	Level Three
R/506/7768	Research Skills	3	Level Three
T/506/7780	Risk Assessment - Principles and Practice	2	Level Three
H/506/7757	Taking Part in Sport for Personal Improvement	3	Level Two
K/506/7758	Understanding Prejudice and Discrimination	2	Level Two

Optional Units (E - HW)

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M/506/7762	Developing Own Interpersonal Skills	3	Level Two
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R/506/7771	Provide Excellent Customer Service	6	Level Three
R/506/7768	Research Skills	3	Level Three
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H/506/7757	Taking Part in Sport for Personal Improvement	3	Level Two
K/506/7758	Understanding Prejudice and Discrimination	2	Level Two

Delivering this Qualification

Becoming a Centre

To deliver this qualification you must be a recognised Open Awards centre. For more information, head to our website or contact the team on 0151 494 2072

How to Deliver

You can deliver this qualification by completing a [New Qualification Request Form](#) via the Open Awards portal. For more information, see the Centre Handbook, or contact the team on 0151 494 2072.

Registering Learners

Once you are ready to deliver this qualification, you will need to register your learners in line with the timescales below:

Short courses (15 weeks or less) within 25 working days of the course start date.
Full year long courses (over 15 weeks) within 60 working days of the course start date.

You will need to register your learners via the Open Awards [portal](#).

Quality Assurance and Standardisation

Delivery of this qualification must be done so in accordance with Ofqual regulatory guidelines and in line with Open Awards' quality assurance processes. Template forms and guidance documents are available via the Open Awards portal.

Centre Staff Requirements (changes by qual type)

Centres are responsible for ensuring that their staff are suitably skilled and experienced. Tutors/ assessors and internal quality assurance (IQA) staff must have relevant occupational knowledge and/or occupational competence at the same level or higher as the units being delivered.

Although not mandatory, best practice would be for Assessors to hold the relevant D32/D33/A1/AQA unit(s) and Level 3 Award in Education or Training. Likewise, best practice would be for Internal Verifiers to hold the relevant D34/V1/IQA unit(s).

Centres are responsible for notifying Open Awards of staff changes.

Training and support

Open Awards offers training and support events in Delivery & Assessment and Quality Assurance. These events are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of these training events are on our [website](#).

Internal Quality Assurance (IQA)

All centres delivering Open Awards provision must operate rigorous internal quality assurance systems. A centre must identify how they will internally quality assure and standardise their delivery and assessment before delivering a course.

External Quality Assurance (EQA)

Centre approval compliance monitoring and external quality assurance is carried out by Open Awards' Lead Quality Reviewers/External Quality Assurers who will confirm that the centre is assessing to standard and ensure that there are robust quality assurance systems embedded.

Please refer to Internal and External Quality Assurance within the Centre Handbook.

Standardisation

Centres are required to contribute to national standardisation as requested by Open Awards. Open Awards offers Standardisation events that are held throughout the year. Such events will also provide an opportunity to identify and share best practice. Up to date details of training and standardisation events can be found on our website.

Further guidance on Quality Assurance and Standardisation please refer to the [Centre Handbook](#)

Recognition of Prior Learning and Achievement (RPL)

RPL is a method of assessment that considers whether a learner can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they may already possess. Evidence of learning must be sufficient, reliable and valid.

It is the responsibility of the centre to inform Open Awards at registration of any exemptions and/or equivalences for which a claim may be made. These claims will be subject to external verification by the Open Awards' Lead Quality Reviewer for the centre.

For more information, please see our Recognition of Prior Learning Policy found on the Open Awards [portal](#).

Appendices and Links

Appendix Name
Centre Handbook
Enquiries, Complaints and Appeals Policy
Equality and Diversity Policy
Invoicing Policy
Privacy Policy

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