

# Purpose Statement

## Open Awards Level 1 Award, Certificate and Extended Certificate in Health and Social Care (RQF)

The primary purpose of these qualifications is to recognise the development of knowledge and skills regarding exploring opportunities in health and social care. These qualifications have been designed to enable you to explore this vocational area and gain skills and confidence in health and social, which may lead to voluntary/paid employment.

### Who are they for?

- All learners in all learning environments
- Those enhancing working skills
- Those who are preparing for working life

### What do these qualifications cover?

To achieve these qualifications, you will have to complete the following:

For the **Award** you will need to gain 10 credits (100 hours of learning). For the **Certificate** you will need to gain 16 credits (160 hours of learning) and the **Extended Certificate** you will need to gain 25 credits (250 hours of learning).

For all qualifications you will have to complete:

- **Group A** – one mandatory unit in Exploring Opportunities in Health and Social Care
- **Group B** – optional units' group in Health and Social Care.

You will have to gain 1 credit from the mandatory group and can then choose the remaining from the optional group. This group contains the following units:

- Awareness of Communication in Adult Social Care
- Awareness of the Protection and Safeguarding of Adults in Health and Social Care
- Awareness of the Role and Responsibilities in the Adult Social Care Worker
- Awareness of the Skills and Attitudes Needed to Work in Adult Social Care
- Human Growth and Development
- Introduction to Learning Disability
- Introduction to Mental Health
- Introduction to Physical Disability
- Introduction to Sensory Loss
- Introductory Awareness of Equality and Inclusion in Health and Social Care
- Introductory Awareness of the Importance of Healthy Eating and Drinking for Adults
- Working with Others in a Health and Social Care Setting
- Safeguarding Procedures for Life and Work
- The Principles of Care, Organisational Policies and the Role of the Care Worker
- Understand the Importance of Engagement in Leisure and Social Activities in Health and Social Care
- Understand the Range of Service Provision within Health and Social Care

### **What are the Entry Requirements?**

There are no age restrictions for working towards these qualifications and no specific prior achievements required.

### **What are the Assessment Methods?**

You will be required to complete a portfolio of evidence to achieve these qualifications.

Types of evidence included in your portfolio could include:

- Videos/photographs
- Reflective journals
- Questions/answers
- Worksheets
- Recorded discussions with your tutor

### **What are the Progression Opportunities?**

These qualifications have been developed to enable you to progression to further learning and/or employment.

You may choose to progress to further studies, such as:

- Open Awards qualifications in L2 in Skills for Health Care Professionals
- Other vocational qualifications at Level 2
- Supported Internships/Voluntary Work/other employment

### **Who supports these qualification?**

Our schools' sector is very keen to support these qualification and they include (but is not limited to) Manor Academy, Abbots Lea School and Abbey Hill Academy.