

# Purpose Statement

## Open Awards Level 4 Certificate in Mental Health Aware Leadership (RQF)

The primary purpose of this qualification is to support you to develop knowledge and/or skills relevant to a particular specialisation within an occupation or set of occupations. This qualification will support you to develop knowledge around being a Mentor and to apply that knowledge within your own setting. This qualification will enable leaders within education, workplace or service providers setting develop the knowledge and skills to specialist in supporting mental health within your own workplace setting. It is designed to help you develop leadership skills that link directly to mental health and wellbeing priorities for employers and employees.

### Who is it for?

Learners working within a leadership role within a workplace, education setting or service provider who want to develop leadership skills relating to support the mental health and wellbeing of employees, customer or service users

### What does this qualification cover?

This qualification has a set of 4 mandatory units covering:

- Recognising Common Mental Health Difficulties in Others
- Researching a Mental Health Leadership Topic
- Supporting Wellbeing in own Organisation
- The Role of a Leader in Contributing Towards the Mental Health of Others

The final unit can be chosen to provide one of three pathways focusing on the responsibilities on your organisation to support mental health and wellbeing.

- Workplace
- Education
- Education Mental Health Lead
- Service Provider

To achieve the Certificate, you are required to achieve 20 credits and commit to around 150 hours of learning.

## **What are the Entry Requirements?**

You must be in a suitable role to enable you to apply the knowledge in a work-based setting. Due to the level of the qualification and the evidence requirements, a level 2 English qualification (or equivalent demonstrable skills) would be advantageous.

## **What are the Assessment Methods?**

You will be required to complete a portfolio of evidence to achieve this qualification. Types of evidence included in your portfolio could include:

- Written assignments
- Practical activities
- Reflective journals
- Questions/answers
- Worksheets
- Recorded discussions with your tutor

## **What are the Progression Opportunities?**

This qualification has been designed to support progression within the workplace to support you to take on additional roles/responsibilities as a mental health aware leader within your own organisation.

If combined with the right complementary qualifications and experience, It could also support your progression to further learning or training to a higher level qualification, including:

- **Level 5 Health and Social Care Management**
- **Level 5 Educational Management**
- **Level 5 Leadership and Management**

## **Who supports this qualification?**

This qualification has been developed and is delivered in partnership with The Root of It.