

Purpose Statement

Open Awards Level 1 Award in Healthy Relationships (RQF)

The primary purpose of this qualification is to recognise the development of knowledge regarding healthy relationships. This qualification has been designed to enable learners to explore different types of relationships, promote healthy friendships and interment relationships. The qualification will enable learners to develop skills, attributes, behaviours that contribute to healthier relationships.

Who is it for?

- All learners in all learning environments
- Those enhancing life and working skills
- Those who are preparing for working life

What does this qualification cover?

To achieve the qualification, you are required to complete a 3 credit unit and commit to approximately 27 hours of learning.

Your learning will cover:

- A range of relationships and family lifestyles
- Forming positive relationships
- Individuals rights and responsibilities within a relationship
- How the body works in relationship to sexual activity
- The range and purpose of male and female contraceptive methods
- Agencies that are able to give advice on sexual health

What are the Entry Requirements?

There are no age restrictions for working towards this qualification and no specific prior achievements required.

What are the Assessment Methods?

You will be required to complete a portfolio of evidence to achieve this qualification.

Types of evidence included in your portfolio could include:

- Videos/photographs
- Reflective journals
- Questions/answers
- Worksheets
- Recorded discussions with your tutor

What are the Progression Opportunities?

The qualification has been developed to enable life skills that will enable progression to further learning and/or employment.

You may choose to progress to further studies at this level or higher in:

- Level 1 Science

Or you may progress to a support Internship, voluntary work or other employment and having studied healthy relationships will give you confidence for these opportunities.

Who supports this qualification?

This qualification is supported by Manor Academy, Abbot's Lea School, and Abbey Hill Academy.