

Access to H.E. National Programme Unit



Unit Title:	Biopsychology of Stress		
Graded Unit Code	GA33PSY18	Ungraded Unit Code	UA33PSY18
Pathway(s)	Health Humanities and Social Science Science and Engineering		
Module(s)	Psychology		
Level	3	Credit Value	3
Valid from:	1 st August 2019	Valid to	31 st July 2024

The following QAA grade descriptors must be applied if you are delivering the graded version of this unit:

1	Understanding of the subject
2	Application of knowledge
5	Communication and presentation
7	Quality

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand how the nervous system and endocrine systems are involved in the control of behaviour	1.1 Identify structures of the mammalian brain and the location of different functions in different parts of the brain
	1.2 Distinguish the roles of the somatic, the sympathetic and the parasympathetic branches of the nervous system
	1.3 Explain communication in the nervous system including action potential and synaptic transmission
	1.4 Explain the effects on the body or behaviour of key neurotransmitters and hormones

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	1.5 Describe the roles of the hypothalamus and pituitary gland in controlling the release of adrenalin and cortisol
2. Understand the causes and consequences of stress	2.1 Define the term stress and describe potential sources of stress (internal and external stressors) and their biological effects
	2.2 Explain and evaluate some of the effects of chronic stress on the body and behaviour
	2.3 Evaluate three different treatments/therapies for stress