

# Open Awards Qualification Unit



This unit forms part of a regulated qualification.

## 1 Unit Details

Unit Title:	Equine Sports Massage Management
Unit Reference Number:	F/616/3020
Level:	3
Credit Value:	5
Minimum GLH:	20

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the effect of tack and saddlery on the horse	1.1 Describe the concept of correct saddle fit
	1.2 Describe the effect of different and ill fitting tack on equine performance
2. Understand the management of the competition horse with regard to massage treatment	2.1 Describe the management of the horse at competition and the integration of massage therapy to competition management
	2.2 Describe suitable and unsuitable massage techniques within the different stages of a competition environment
3. Be able to use techniques for improvement of the physical health of the horse by prescription of suitable exercises	3.1 Describe the purpose of passive stretches, and passive range of motion
	3.2 Demonstrate the correct and safe execution of a range of stretches or AROM/PROM movements
	3.3 Assess the prescription of stretches to assist the physical health of a live animal
4. Understand foot balance and shoeing theory	4.1 Describe the theory behind correct foot balance and shoeing, hoof-pastern axis and mediolateral/dorsopalmar balance
	4.2 Assess the relationship between foot balance, musculoskeletal health and body balance

	4.3	Describe common patterns of shoes and the reasons for their use
5. Understand inflammatory process, tissue repair and relationship to massage therapy	5.1	Describe the inflammatory process
	5.2	Describe the integration and effects of massage therapy within the inflammatory process timescales
6. Understand the general health of a horse	6.1	Outline the normal parameters for health and vital signs of a horse
	6.2	Demonstrate measuring normal parameters for health and vital signs of a live horse
	6.3	Describe indicators for abnormal health and behaviour