Open Awards Qualification Unit

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1 Unit Details

Unit Title:	Ageing and the Older Person
Unit Reference Number:	R/615/9179
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):	
1. Understand attitudes to ageing from an individual and societal perspective	1.1	Identify social attitudes towards ageing
	1.2	Identify own attitudes to ageing
	1.3	Outline how own attitudes affects their behaviour towards older people
	1.4	Describe how older people have been treated historically
	1.5	Describe recent changes in traditional family life which may affect older people
	1.6	Identify reasons for an increase in numbers of older people in society
	1.7	Describe the effects of advertising on our attitudes to older people
2. Know the basic elements of the ageing process	2.1	Describe normal physical ageing and factors that may lead to variations
	2.2	Describe normal mental ageing and factors that can lead to variations
	2.3	Discuss the social needs of individuals as they grow older

		2.4	Describe how changing social needs of individuals affect lifestyles
		2.5	Describe the effects of social circumstances on mental and physical deterioration
3.	Know about health issues related with the ageing process	3.1	Outline what is meant by 'a healthy lifestyle'
		3.2	Describe the effect of living a 'healthy lifestyle' on the ageing process
		3.3	Identify the consequences of living an 'unhealthy lifestyle' on the ageing process
		3.4	Explain how to work with older people to encourage a 'healthy lifestyle'
4.	Understand the roles and functions of agencies working with older people	4.1	Identify different agencies working with older people
		4.2	Explain the roles of the agencies identified
		4.3	Explain how the identified agencies relate to each other to support the older person
		4.4	Identify resources the identified agencies offer to older people