

# Open Awards Qualification Unit



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## 1 Unit Details

Unit Title:	Health, Safety and First Aid at Work
Unit Reference Number:	R/615/9120
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the health and safety requirements of own workplace surroundings	1.1 Describe major and minor hazards in the workplace
	1.2 Describe safety procedures
	1.3 Describe a range of safe working practices in the workplace
2. Understand the main elements of Control of Substances Hazardous to Health (COSHH)	2.1 Describe the main COSHH regulations for the workplace
	2.2 Describe the consequences of not applying the regulations
3. Know how to prevent common accidents at work	3.1 Assess reasons for an accident situation
	3.2 Describe action to prevent further injury
	3.3 Identify measures to prevent further accidents
4. Be able to respond to first aid incidents	4.1 Describe straightforward first aid treatments suitable for a range of situations
	4.2 Describe how to call for emergency assistance
5. Be able to demonstrate resuscitation techniques and the recovery position	5.1 Carry out resuscitation in accordance with national guidelines

	5.2	Use the recovery position in accordance with national guidelines
6. Be able to safely handle and move inanimate loads	6.1	Demonstrate safe practice in the following areas: <ul style="list-style-type: none"> <li>a) Pushing and pulling</li> <li>b) Supporting</li> <li>c) Lifting and lowering at a variety of levels</li> <li>d) Carrying a load</li> <li>e) Safety checks of appropriate equipment</li> </ul>
	6.2	Describe situations when a moving and handling procedure should be stopped and help or guidance should be obtained

**The contents of this unit could be linked to [The Care Certificate Standards](#)**

LO1 1.3 Describe a range of safe working practices in the workplace. This can be mapped over to Element 13 13.1 d List tasks relating to health and safety that should not be carried out without special training.

LO2 2.2 Describe the main COSHH regulations for the workplace. This can be mapped over to Element 13 13.1b Describe the main points of the health and safety policies and procedures agreed with the employer.

LO4 4.1 Describe straightforward first aid treatments suitable for a range of situations. This can be mapped over to Element 13 13.4b Describe the procedure to be followed if an accident or sudden illness should occur.