

# Open Awards Qualification Unit



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## 1 Unit Details

Unit Title:	Developing Self
Unit Reference Number:	L/615/8483
Level:	Level 1
Credit Value:	2
Minimum GLH:	20

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to take an active role in their self-development	1.1 Describe personal strengths or abilities
	1.2 Select an area for self-development
	1.3 Explain why this area is important for their self-development
2. Be able to plan for their self-development	2.1 Prepare a plan for their identified area of self-development
	2.2 List activities, target and timelines for their self-development
	2.3 Plan how to review and progress towards achieving their targets
	2.4 Work through the agreed plan
3. Be able to review their self-development and plan for the future	3.1 Review their self-development plan
	3.2 Suggest improvements and amendments to the plan
	3.3 Explain how they will continue with their self-development in the future