

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Developing Self
Unit Reference Number:	M/615/8458
Level:	Entry 3
Credit Value:	2
Minimum GLH:	20

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand how to identify areas for self-development	1.1 Describe a personal strength or ability
	1.2 Identify an area for self-development
	1.3 Describe a personal skill or behaviour they need to develop
2. Understand how to take responsibility for their own self development	2.1 Describe how they will develop their personal skill or behaviour
	2.2 Suggest a suitable target to work towards and agree it with an appropriate person
	2.3 Identify the support and resources needed to help them work towards the agreed target
	2.4 Work through activities to develop the agreed skill or behaviour
3. Be able to demonstrate how they have developed personal skills	3.1 Review the progress they have made
	3.2 Review what went well and what did not go so well
	3.3 Make choices about how they will continue to develop their personal skills