

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Planning for Progression
Unit Reference Number:	T/615/6985
Level:	Entry 3
Credit Value:	1
Minimum GLH:	10

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know how to identify career and training needs	1.1 State two ideas for own career and training
	1.2 Select key ideas to use for action planning and say why
2. Understand the value of target setting to achieve goals	2.1 State briefly what target setting means and how it helps planning and the achievement of goals
	2.2 State what is meant by a SMART target and say why it is particularly effective in planning
	2.3 Give an example of a long term goal and a SMART target to help achieve the goal
3. Develop a personal career action plan	3.1 Name a personal long term career goal
	3.2 State one SMART target that will help to achieve the long term goal