

Open Awards Qualification Unit



Form OAQU

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1 Unit Details

Unit Title:	Counselling: Skills Acquisition and Practice
QAC Code:	T/507/6706
Level:	Level 2
Credit Value:	9
Minimum GLH:	45

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the role of counselling skills in a helping relationship.	1.1 Define what is meant by counselling skills.
	1.2 Identify the place of counselling on a helping continuum.
2. Know about initiating a counselling interaction.	2.1 Identify key elements in a counselling contract.
	2.2 Identify key skills for rapport building.
3. Know how to develop and maintain a counselling interaction.	3.1 Identify the skills needed to develop and maintain the counselling relationship.
	3.2 Demonstrate the skills needed to develop and maintain the counselling relationship.
	3.3 Identify positive ways of moving the counselling relationship forward.
	3.4 Identify negative ways of moving the counselling relationship forward.
4. Be able to conclude a counselling interaction.	4.1 Describe the importance of endings in a counselling interaction.
	4.2 Conclude a counselling interaction.