Open Awards Qualification Unit

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1 Unit Details

Unit Title:	Understanding Depression
Unit Reference Number:	L/507/6713
Level:	Level 2
Credit Value:	2
Minimum GLH:	16

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the term 'depression'	1.1 Define the term 'depression'
	1.2 Differentiate between feeling low and clinical depression
	1.3 Describe the factors associated with psychotic depression
2. Understand the possible causes of depression	2.1 Describe possible causes of depression
3. Understand how depression affects the individual and others	3.1 Describe the feelings an individual may have when experiencing depression
	3.2 Describe examples of how depression may affect the individual and their life
	3.3 Describe how an individual's depression may affect others
4. Understand how the demands of daily life can affect depression	4.1 Describe how the demands of daily life may contribute towards depression for some individuals
5. Understand how depression can be managed	5.1 Describe local resources and treatments available to an individual experiencing depression

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5.2	Identify the resources and treatment required to manage a person with psychotic depression

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