

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Understand how to Provide Support to Manage Pain and Discomfort
Unit Reference Number:	F/507/6742
Level:	Level 2
Credit Value:	2
Minimum GLH:	20

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand approaches to managing pain and discomfort	1.1 Explain the importance of a holistic approach to managing pain and discomfort
	1.2 Describe the different approaches to alleviate pain and minimise discomfort
	1.3 Outline agreed ways of working that relate to managing pain and discomfort
2. Know how to assist in minimising individuals' pain or discomfort	2.1 Describe how pain and discomfort may affect an individual's wellbeing and communication
	2.2 Identify ways of encouraging an individual to express feelings of discomfort or pain
	2.3 Describe how to encourage an individual to use self-help methods of pain control
	2.4 Explain how to position an individual safely and comfortably
3. Know how to monitor, record and report on the management of individuals' pain or discomfort	3.1 Identify monitoring activities required to manage an individual's pain or discomfort
	3.2 Explain how records should be completed