

# Open Awards Qualification Unit



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## 1 Unit Details

Unit Title:	Understanding Mental Health Problems
Unit Reference Number:	Y/507/6746
Level:	Level 2
Credit Value:	3
Minimum GLH:	30

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the implications of different ways of making sense of mental distress	1.1 Describe the advantages and disadvantages of different ways of making sense of mental distress
2. Understand mental health problems within a medical classification	2.1 Describe the key characteristics of mental health problems within a medical classification
3. Understand the range of health and care interventions for mental health problems	3.1 Describe the characteristics and key differences between common health and care interventions for mental health problems
	3.2 Describe evidence-based treatment and care interventions for a specific diagnosis
	3.3 Identify service users' perspectives on interventions for a specific diagnosis
4. Understand common myths about violence to others	4.1 Describe common myths about violence to others
	4.2 Describe risk factors about violence to other
5. Know the links between mental health problems and risk of suicide	5.1 Describe the links between mental health problems and risk of suicide