

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Changing Roles and Responsibilities in Adolescence
Unit Reference Number:	H/507/6748
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the changing roles and relationships of parents' with their child as they grow older	1.1 Explain why a parent's roles and relationships change as a child grows older
	1.2 Identify ways in which own role has changed
2. Know about the changes that a young person goes through during adolescence	2.1 Describe developmental changes that a young person goes through during adolescence
	2.2 Explain how these changes have affected a young person's behaviour
3. Understand the pressures that families with adolescents can experience	3.1 Describe internal and external pressures experienced by families with adolescents
	3.2 Describe internal and external pressures experienced by adolescents
	3.3 Give examples of coping strategies that can be used to alleviate some of the identified pressures
4. Understand issues that can cause conflict	4.1 Explain the difference between a conflict of needs and conflict of values
	4.2 Give an example of each type of conflict
	4.3 Explain how these conflicts could be addressed
5. Understand issues of power and authority	5.1 Explain why an emerging young adult in the household affects family dynamics

5.2	Explain what is meant by 'power sharing'
5.3	Explain the part negotiation can play in 'power sharing'
5.4	Give examples of gains and losses in 'letting go' and 'trusting'