

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Therapeutic Approaches for Activity Provision in Social Care
Unit Reference Number:	A/507/6772
Level:	Level 2
Credit Value:	2
Minimum GLH:	16

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand how activities can provide therapeutic benefits	1.1 Outline the difference between therapy and activity
	1.2 Describe a range of therapeutic approaches to activity
	1.3 Identify the benefits for individuals engaging in activity using a range of different therapeutic approaches
2. Understand how music can be used as an activity	2.1 Identify a range of activities which use music as the core component
	2.2 Describe how an individual's life history can be used to support their engagement in a music activity
	2.3 Give an example of how a music activity could be used to benefit an individual
3. Understand how art can be used as an activity	3.1 Identify a range of activities which use art as the core component
	3.2 Describe how an individual's life history can be used to support their engagement in an art activity
	3.3 Give an example of how an art activity could be used to benefit an individual

	3.4	Identify the risks associated with using art equipment and tools
4. Understand how drama can be used as an activity	4.1	Identify a range of activities which use drama as the core component
	4.2	Describe how an individual's life history can be used to support their engagement in a drama activity
	4.3	Give an example of how a drama activity could be used to benefit an individual
5. Understand how horticulture can be used as an activity	5.1	Identify a range of activities which use horticulture as the core component
	5.2	Describe how an individual's life history can be used to support their engagement in a horticulture activity
	5.3	Give an example of how a horticulture activity could be used to benefit an individual
	5.4	Identify the risks associated with using indoor and outdoor horticulture
6. Understand how to support activities which focus on the senses	6.1	Identify a range of activities that involve the senses
	6.2	Give an example of how a multi-sensory activity could be used to benefit an individual
	6.3	Identify risks associated with providing sensory activities