

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Principles of Personal Development in Adult Social Care Settings
Unit Reference Number:	Y/506/3544
Level:	Level 2
Credit Value:	2
Minimum GLH:	17

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand what is required for good practice in adult social care roles	1.1 Identify standards that influence the way adult social care job roles are carried out
	1.2 Explain why reflecting on work activities is and important way to develop own knowledge and skills
	1.3 Describe ways to ensure that personal attitudes or beliefs do not obstruct the quality of work
2. Understand how learning activities can develop knowledge, skills and understanding	2.1 Describe how a learning activity has improved own knowledge, skills and understanding
	2.2 Describe how reflecting on a situation has improved own knowledge, skills and understanding
	2.3 Describe how feedback from others has developed own knowledge, skills and understanding
3. Know how a personal development plan can contribute to own learning and development	3.1 Define the term “personal development plan”
	3.2 Identify who could be involved in the personal development plan process
	3.3 Identify sources of support for own learning and development

3.4 List the benefits of using a personal development plan to identify on going improvements to own knowledge and understanding