

## Validity of Qualification – Qualification Information

### About the Qualification:

<b>Title (RQF)</b>	Diploma in Skills for Health and Care Professions
<b>Sector</b>	1.3 Health and Social Care
<b>Level</b>	2

<b>Ofqual Purpose</b>	B - Prepare for further learning or training and/or develop knowledge and/or skills in a subject area
<b>Ofqual Sub-Purpose</b>	B1 - Prepare for further learning or training

<b>Rules of Combination</b>	
Credit Value of the Qualification	37
Minimum Credits to be achieved at or above the level of the qualification	37
Mandatory Unit Group A	6 credits to be achieved
Generic Optional Unit Group B	A minimum of 7 credits to be achieved
Pathway Groups: P1 Health P2 Childcare and Wellbeing P3 Social Care	<p><b>Endorsed Routes</b> A minimum of 24 credits to be achieved from <b>one</b> of the Pathway Groups</p> <p><b>Non-Endorsed Route</b> A minimum of 24 credits to be achieved from <b>any</b> of the Pathway Groups</p>

<b>Pathways Available</b>	Health; Childcare and Wellbeing; Social Care
<b>Recommended Assessment Methods</b>	Portfolio of Evidence

### **Total Qualification Time/Guided Learning**

*TQT is a new requirement for qualifications regulated by Ofqual through the Regulatory Qualifications Framework (RQF) from September 2015. For more information on what this means and how it is worked [click here](#)*

TQT is made up of:

**(a)** the number of hours which an awarding organisation has assigned to a qualification for Guided Learning,

And

**(b)** an estimate of the number of hours a Learner will reasonably be likely to spend in preparation, study or any other form of participation in education or training, including assessment, which takes place as directed by – but, unlike Guided Learning, not under the Immediate Guidance or Supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training.

Total Qualification Time (hours)	370
Guided Learning (hours)	288

#### Age Range and Restrictions:

Pre-16	√
16-18	√
19+	√
Any other restrictions specific to the qualification	

#### Units

##### Mandatory Unit Group (A)

QAC Code	Unit Name	Credits	Level
Y/504/9739	<a href="#">Health Care Practice</a>	6	Level Two

##### Generic Optional Units Group (B)

QAC Code	Unit Name	Credits	Level
F/600/3719	<a href="#">Communication in the Workplace</a>	2	Level Two
F/600/3722	<a href="#">Developing Meeting Skills</a>	2	Level Two
F/600/3736	<a href="#">Solving Problems in the Workplace</a>	3	Level Two
L/600/3738	<a href="#">Understanding Change in the Workplace</a>	2	Level Two
R/600/3739	<a href="#">Understanding Structures in the Workplace</a>	3	Level Two
H/600/0182	<a href="#">Leadership and Teamwork</a>	5	Level Two
L/504/5168	<a href="#">Communication in Teamwork</a>	1	Level Two
K/501/6146	<a href="#">Summarising Documents</a>	1	Level Two
Y/504/2886	<a href="#">Sex and Relationships Education</a>	3	Level Two
R/504/8282	<a href="#">Alcohol Awareness</a>	3	Level Two
M/504/8726	<a href="#">Conflict Resolution</a>	3	Level Two
M/504/8273	<a href="#">Assertiveness and Decision Making</a>	3	Level Two
J/504/8859	<a href="#">Health, Safety and First Aid at Work</a>	3	Level Two
L/504/8572	<a href="#">Investigating a Career</a>	3	Level Two
L/504/7793	<a href="#">Personal Development</a>	3	Level Two

K/504/8689	<a href="#">Issues of Substance Misuse</a>	1	Level Two
Y/504/8798	<a href="#">Eating Disorders</a>	1	Level Two
M/504/7592	<a href="#">Critical Thinking</a>	2	Level Two
F/504/8729	<a href="#">Customer Service</a>	3	Level Two
M/504/8127	<a href="#">Personal Study Skills</a>	6	Level Two
L/504/8684	<a href="#">Dealing with Bullying</a>	2	Level Two
Y/504/7599	<a href="#">Decision Making Skills</a>	1	Level Two
F/506/3442	<a href="#">Developing Own Interpersonal Skills</a>	3	Level Two
H/506/3451	<a href="#">Understand Routine Spoken English in Familiar Everyday Work Situations</a>	5	Level Two
K/504/8806	<a href="#">Understanding Discrimination</a>	3	Level Two
F/506/0721	<a href="#">Understanding Family Relationships</a>	3	Level Two
D/504/9225	<a href="#">Undertaking Professional Development</a>	3	Level Two
J/504/8814	<a href="#">Body Image</a>	2	Level Two
H/504/8884	<a href="#">Work Experience</a>	3	Level Two
R/506/3560	<a href="#">Writing Persuasive Text</a>	1	Level Two
J/506/3555	<a href="#">Writing to Convey Information</a>	2	Level Two
L/504/9379	<a href="#">Lesbian, Gay, Bisexual and Trans Awareness</a>	2	Level Two
T/504/8811	<a href="#">Meditation</a>	3	Level Two
T/504/8503	<a href="#">Mentoring</a>	1	Level Two
T/504/8629	<a href="#">Mentoring Practice</a>	2	Level Two
R/506/3574	<a href="#">Mentoring Skills</a>	3	Level Two
Y/504/7781	<a href="#">Negotiation Skills</a>	3	Level Two
H/504/8447	<a href="#">Referencing Skills</a>	1	Level Two
Y/504/8445	<a href="#">Report Writing</a>	1	Level Two
L/504/8202	<a href="#">Research Skills</a>	3	Level Two
T/504/9697	<a href="#">Research Skills and Practice</a>	1	Level Two
A/504/7787	<a href="#">Parenting Skills</a>	3	Level Two
M/506/3582	<a href="#">Signposting and Referral - Information, Advice and Guidance</a>	3	Level Two
H/504/8819	<a href="#">Stress and Stress Management Techniques</a>	3	Level Two
L/504/8877	<a href="#">Teamwork Skills</a>	3	Level Two
M/504/8659	<a href="#">Practical Presentation Skills</a>	3	Level Two
A/504/8843	<a href="#">Prejudice and Discrimination</a>	3	Level Two
J/504/6318	<a href="#">Using ICT in the Workplace</a>	3	Level Two
F/504/8648	<a href="#">Career Planning</a>	3	Level Two
L/505/9345	<a href="#">Protection and Safeguarding</a>	3	Level Two

M/504/8290	<a href="#">Drug Awareness</a>	3	Level Two
H/506/5653	<a href="#">Understanding Equal Opportunities</a>	3	Level Two
Y/507/6715	<a href="#">Working with Dignity in Health and Social Care</a>	3	Level Two
R/507/6714	<a href="#">Understanding Emotional Resilience</a>	1	Level Two
L/507/6713	<a href="#">Understanding Depression</a>	1	Level Two
F/507/6711	<a href="#">Psychology</a>	3	Level Two
A/507/6710	<a href="#">Principles of Dignity in Adult Health and Social Care Practice</a>	5	Level Two
J/507/6709	<a href="#">Introduction to Counselling</a>	3	Level Two
F/507/6708	<a href="#">Developing Personal Safety and Security Skills</a>	2	Level Two
A/507/6707	<a href="#">Counselling: Skills for the Workplace</a>	6	Level Two
T/507/6706	<a href="#">Counselling: Skills Acquisition and Practice</a>	9	Level Two
M/507/6705	<a href="#">Cleaning, Decontamination and Waste Management</a>	2	Level Two
K/507/6704	<a href="#">Applying Counselling Skills</a>	6	Level Two
H/507/6703	<a href="#">Anatomy and Physiology for Health and Social Care</a>	10	Level Two

#### Health Units (PA1)

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
Y/504/8266	<a href="#">Healthy Living</a>	3	Level Two
L/504/8796	<a href="#">Diversity in Society</a>	3	Level Two
Y/504/8798	<a href="#">Eating Disorders</a>	1	Level Two
M/504/8953	<a href="#">Providing Personal Care to Support Individuals to Eat and Drink</a>	3	Level Two
L/504/8958	<a href="#">Disability, Society and the Law</a>	3	Level Two
L/504/9737	<a href="#">Barriers to Health</a>	1	Level Two
L/504/9740	<a href="#">Regional and Local Health Needs Assessment</a>	3	Level Two
F/504/8956	<a href="#">Ageing and the Older Person</a>	3	Level Two
F/504/9735	<a href="#">Understand the Effects of a Medical Condition on a Patient</a>	3	Level Two
R/507/6776	<a href="#">Introduction to Learning Disability</a>	1	Level Two
L/507/6775	<a href="#">Developing Communication Skills in an Learning Disability Setting</a>	3	Level Two
J/507/6774	<a href="#">Understanding Challenging Behaviour in a Learning Disability Setting</a>	3	Level Two

D/507/6747	<a href="#">Induction in Safer Moving and Handling of People in a Care Setting</a>	1	Level Two
Y/507/6746	<a href="#">Understanding Mental Health Problems</a>	3	Level Two
R/507/6745	<a href="#">Understanding Mental Health and Wellbeing</a>	2	Level Two
L/507/6744	<a href="#">Understanding Equality and Diversity</a>	1	Level Two
J/507/6743	<a href="#">Understand Physical Disability</a>	2	Level Two
F/507/6742	<a href="#">Understand how to Provide Support to Manage Pain and Discomfort</a>	2	Level Two
T/507/6740	<a href="#">Identifying Dementia</a>	1	Level Two
F/507/6739	<a href="#">Communication and Dementia</a>	1	Level Two
A/507/6738	<a href="#">Understanding Dementia</a>	1	Level Two
T/507/6737	<a href="#">Understanding the Dangers of Using Legal Highs</a>	2	Level Two
M/507/6736	<a href="#">Understand the Impact of Acquired Brain Injury on Individuals</a>	3	Level Two
H/507/6734	<a href="#">The Sociology of Health</a>	3	Level Two
D/507/6733	<a href="#">The Principles of Infection Prevention and Control</a>	3	Level Two
Y/507/6732	<a href="#">Social Psychology</a>	3	Level Two
R/507/6731	<a href="#">Physiology and Exercise</a>	6	Level Two
L/507/6730	<a href="#">Nutrition and Weight Management</a>	6	Level Two
Y/507/6729	<a href="#">Introduction to Autism</a>	4	Level Two
L/507/6727	<a href="#">Infection Prevention and Control in Health and Social Care or Children and Young People's Settings</a>	3	Level Two
J/507/6726	<a href="#">Human Health and Disease</a>	3	Level Two
F/507/6725	<a href="#">Health Psychology</a>	3	Level Two
A/507/6724	<a href="#">Diet Advice in Lifestyle and Weight Management</a>	2	Level Two
T/507/6723	<a href="#">Communication and Social Interaction in Individuals with Autism</a>	3	Level Two
M/507/6722	<a href="#">Basic Awareness of Diabetes</a>	2	Level Two
K/507/6721	<a href="#">Autistic Spectrum Disorder</a>	3	Level Two
H/507/6720	<a href="#">Attention Deficit Hyperactivity Disorder - ADHD</a>	3	Level Two
M/507/6719	<a href="#">Assemble Prescriptions Safely</a>	5	Level Two
K/507/6718	<a href="#">Arthritis Awareness</a>	3	Level Two
H/507/6717	<a href="#">Approaches to Mental Health</a>	3	Level Two
D/507/6716	<a href="#">Applied Health Improvement</a>	4	Level Two

Child Care and Wellbeing Units (PA2)

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
H/505/1574	<a href="#">Children's Social and Emotional Development</a>	3	Level Two
M/505/1609	<a href="#">The Intellectual and Language Development of Children</a>	3	Level Two
R/505/1618	<a href="#">The Principles of Listening to Children</a>	3	Level Two
A/505/1581	<a href="#">Meeting the Physical Needs of Children</a>	3	Level Two
D/505/1606	<a href="#">The Importance of Play</a>	3	Level Two
Y/505/1619	<a href="#">Understanding How Children Learn</a>	3	Level Two
K/505/1575	<a href="#">Cognitive Development of Children</a>	3	Level Two
M/505/1612	<a href="#">The Physical Development of Children</a>	3	Level Two
R/505/1571	<a href="#">Child Protection</a>	3	Level Two
F/505/1579	<a href="#">Food and Nutrition for Children</a>	3	Level Two
L/506/3458	<a href="#">Understanding Children's Social and Emotional Development</a>	3	Level Two
J/505/1566	<a href="#">Caring for Babies under Twelve Months</a>	3	Level Two
J/506/3460	<a href="#">Contribute to the Support of Positive Environments for Children and Young People</a>	3	Level Two
Y/507/6763	<a href="#">Understanding the Risks of Cyberbullying</a>	1	Level Two
R/507/6762	<a href="#">Understand Partnership Working in Services for Children and Young People</a>	2	Level Two
L/507/6761	<a href="#">Understanding Cyberbullying</a>	1	Level Two
J/507/6760	<a href="#">The Role of the Domestic and Sexual Abuse/Violence Practitioner</a>	6	Level Two
R/507/6759	<a href="#">Support Children and Young People with Disabilities and Special Educational Needs</a>	4	Level Two
J/507/6757	<a href="#">Support the Protection of Children and Vulnerable People from Gambling Related Harm</a>	4	Level Two
M/507/6753	<a href="#">Impact of Childhood Sexual Abuse</a>	1	Level Two
K/507/6752	<a href="#">Demystifying Child Sexual Exploitation</a>	1	Level Two
H/507/6751	<a href="#">Dealing with Challenging Behaviour within Peer Activities</a>	1	Level Two
K/507/6749	<a href="#">Contribute to Children and Young People's Health and Safety</a>	3	Level Two
H/507/6748	<a href="#">Changing Roles and Responsibilities in Adolescence</a>	3	Level Two
R/507/5224	<a href="#">Resilience Skills</a>	2	Level Two

### Social Care Units (PA3)

<b>QAC Code</b>	<b>Unit Name</b>	<b>Credits</b>	<b>Level</b>
R/602/2954	<a href="#"><u>Understand Employment Responsibilities and Rights in Health, Social Care or Children and Young People's Settings</u></a>	3	Level Two
K/504/8966	<a href="#"><u>Care Planning Skills for the Care Worker</u></a>	6	Level Two
K/506/3547	<a href="#"><u>Understand How to Handle Information in Social Care Settings</u></a>	1	Level Two
Y/506/3544	<a href="#"><u>Principles of Personal Development in Adult Social Care Settings</u></a>	2	Level Two
L/504/9088	<a href="#"><u>Domestic Abuse Awareness</u></a>	2	Level Two
D/506/3545	<a href="#"><u>Understand the Safe, Sensible and Social Use of Alcohol</u></a>	3	Level Two
L/505/5909	<a href="#"><u>Understand Person-Centred Approaches in Adult Social Care Settings</u></a>	4	Level Two
R/506/3543	<a href="#"><u>Developing Skills to Provide Personal Care in Care Settings</u></a>	3	Level Two
H/505/3289	<a href="#"><u>Introduction to Duty of Care in Health, Social Care or Children's and Young People's Settings</u></a>	1	Level Two
H/506/3272	<a href="#"><u>Understand the Role of the Social Care Worker</u></a>	1	Level Two
H/506/3417	<a href="#"><u>Principles of Diversity, Equality and Inclusion in Adult Social Care</u></a>	2	Level Two
Y/504/8963	<a href="#"><u>Health Promotion in Care Settings</u></a>	3	Level Two
M/506/3419	<a href="#"><u>Principles of Communication in Adult Social Care Settings</u></a>	2	Level Two
H/507/4448	<a href="#"><u>Introduction to Training for Travel Trainer</u></a>	3	Level Two
F/507/6773	<a href="#"><u>Understand the Care Process for a Deceased Person</u></a>	3	Level Two
A/507/6772	<a href="#"><u>Therapeutic Approaches for Activity Provision in Social Care</u></a>	2	Level Two
T/507/6771	<a href="#"><u>Support Individuals to meet Personal Care Needs</u></a>	2	Level Two
H/507/6765	<a href="#"><u>Support Families of Individuals with Acquired Brain Injury</u></a>	3	Level Two
D/507/6764	<a href="#"><u>Care Planning in End of Life Care</u></a>	2	Level Two