

Validity of Qualification – Qualification Information

About the Qualification:

Title (RQF)	Open Awards Entry Level Diploma in Independent Living (Entry 1) Open Awards Entry Level Certificate in Independent Living (Entry 2) Open Awards Entry Level Certificate in Independent Living (Entry 3)
Sector	14.1 Foundation for Learning and Life
Level	Entry Level (E1 – E3)

Ofqual Purpose	A. Recognise personal growth and enjoyment in learning
Ofqual Sub-Purpose	A1. Recognise development of skills for life A2. Recognise development of knowledge and/or skills to operate independently and effectively in life, learning and work A3. Recognise development of personal skills and/or knowledge

Rules of Combination	
Entry 1	
Credit Value of the Qualification	37
Minimum Credits to be achieved at or above the level of the qualification	37 (with a minimum of 19 at E1)
Mandatory Units Group A:	1 units required (at the level of the qualification)
Group B – Household Skills	A minimum of 6 credits to be achieved
Group C – Personal Care	A minimum of 6 credits to be achieved
Group D – Accessing Community Facilities	A minimum of 6 credits to be achieved
Group E – Personal Development	A minimum of 3 credits to be achieved
Group F – Leisure Activities	A minimum of 3 credits to be achieved
Group G – Rights and Responsibilities	A minimum of 3 credits to be achieved
The remaining minimum of 9 credits can be achieved from any of the Groups B, C, D	
Entry 2	

Credit Value of the Qualification	37
Minimum Credits to be achieved at or above the level of the qualification	37 (with a minimum of 19 at E2)
Mandatory Units Group A:	1 units required (at the level of the qualification)
Group B – Household Skills	A minimum of 6 credits to be achieved
Group C – Personal Care	A minimum of 6 credits to be achieved
Group D – Accessing Community Facilities	A minimum of 6 credits to be achieved
Group E – Personal Development	A minimum of 3 credits to be achieved
Group F – Leisure Activities	A minimum of 3 credits to be achieved
Group G – Rights and Responsibilities	A minimum of 3 credits to be achieved
The remaining minimum of 9 credits can be achieved from any of the Groups B, C, D	
Entry 3	
Credit Value of the Qualification	37
Minimum Credits to be achieved at or above the level of the qualification	37
Mandatory Units Group A:	1 units required (at the level of the qualification)
Group B – Household Skills	A minimum of 6 credits to be achieved
Group C – Personal Care	A minimum of 6 credits to be achieved
Group D – Accessing Community Facilities	A minimum of 6 credits to be achieved
Group E – Personal Development	A minimum of 3 credits to be achieved
Group F – Leisure Activities	A minimum of 3 credits to be achieved
Group G – Rights and Responsibilities	A minimum of 3 credits to be achieved
The remaining minimum of 9 credits can be achieved from any of the Groups B, C, D	

NB. Units with the same title at different levels are barred

Pathways Available	N/A
Recommended Assessment Methods	Portfolio of Evidence

Total Qualification Time/Guided Learning

TQT is a new requirement for qualifications regulated by Ofqual through the Regulatory Qualifications Framework (RQF) from September 2015. For more information on what this means and how it is worked [click here](#)

TQT is made up of:

(a) the number of hours which an awarding organisation has assigned to a qualification for Guided Learning,

And

(b) an estimate of the number of hours a Learner will reasonably be likely to spend in preparation, study or any other form of participation in education or training, including assessment, which takes place as directed by – but, unlike Guided Learning, not under the Immediate Guidance or Supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training.

Total Qualification Time (hours)	Entry 1 – 370 Entry 2 – 370 Entry 3 - 370
Guided Learning (hours)	Entry 1 – 370 Entry 2 – 370 Entry 3 - 370

Age Range and Restrictions:

Pre-16	√
16-18	√
19+	√
Any other restrictions specific to the qualification	None

Units

Mandatory Unit Group A

Group A - Mandatory Unit

QAC Code	Unit Name	Credits	Level
M/600/6146	Independent Living	1	Entry Level One
T/600/6147	Independent Living	1	Entry Level Two
F/600/6149	Independent Living	1	Entry Level Three

Group B – Household Skills

Basic Cooking Techniques

QAC Code	Unit Name	Credits	Level
J/600/6198	Basic Cooking Techniques	3	Entry Level One
L/600/6199	Basic Cooking Techniques	3	Entry Level Two
T/600/6200	Basic Cooking Techniques	3	Entry Level Three

Everyday Food and Drink Preparation

QAC Code	Unit Name	Credits	Level
L/600/6204	Everyday Food and Drink Preparation	3	Entry Level One
R/600/6205	Everyday Food and Drink Preparation	3	Entry Level Two
Y/600/6206	Everyday Food and Drink Preparation	3	Entry Level Three

Food Safety and Storage

QAC Code	Unit Name	Credits	Level
K/600/6209	Food Safety and Storage	3	Entry Level One
D/600/6210	Food Safety and Storage	3	Entry Level Two
H/600/6211	Food Safety and Storage	3	Entry Level Three

Household Cleaning

QAC Code	Unit Name	Credits	Level
K/600/6212	Household Cleaning	3	Entry Level One
M/600/6213	Household Cleaning	3	Entry Level Two
T/600/6214	Household Cleaning	3	Entry Level Three

Household Expenses

QAC Code	Unit Name	Credits	Level
A/600/6215	Household Expenses	3	Entry Level One
F/600/6216	Household Expenses	3	Entry Level Two
J/600/6217	Household Expenses	3	Entry Level Three

Household Shopping

QAC Code	Unit Name	Credits	Level
L/600/6218	Household Shopping	3	Entry Level One
R/600/6219	Household Shopping	3	Entry Level Two
L/600/6221	Household Shopping	3	Entry Level Three

Kitchen Hygiene

QAC Code	Unit Name	Credits	Level
A/600/6201	Kitchen Hygiene	1	Entry Level One
F/600/6202	Kitchen Hygiene	1	Entry Level Two
J/600/6203	Kitchen Hygiene	1	Entry Level Three

Making a Simple Meal

QAC Code	Unit Name	Credits	Level
R/600/6222	Make a Simple Meal	3	Entry Level One
Y/600/6223	Make a Simple Meal	3	Entry Level Two
D/600/6224	Make a Simple Meal	3	Entry Level Three

Pet Care

QAC Code	Unit Name	Credits	Level
F/600/6457	Pet Care	3	Entry Level One
J/600/6458	Pet Care	3	Entry Level Two
L/600/6459	Pet Care	3	Entry Level Three

Recycling, Managing Waste

QAC Code	Unit Name	Credits	Level
H/600/6225	Recycling, Managing Waste	2	Entry Level One
K/600/6226	Recycling, Managing Waste	2	Entry Level Two
M/600/6227	Recycling, Managing Waste	2	Entry Level Three

Using Domestic Appliances

QAC Code	Unit Name	Credits	Level
T/600/6228	Using Domestic Appliances	2	Entry Level Two
A/600/6229	Using Domestic Appliances	2	Entry Level Three

Group C – Personal Care

Choosing Clothing and Footwear

QAC Code	Unit Name	Credits	Level
J/600/6251	Choosing Clothing and Footwear	2	Entry Level One
L/600/6252	Choosing Clothing and Footwear	2	Entry Level Two
R/600/6253	Choosing Clothing and Footwear	2	Entry Level Three

Eating a Balanced Diet

QAC Code	Unit Name	Credits	Level
T/600/6262	Eating a Balanced Diet	3	Entry Level One
A/600/6263	Eating a Balanced Diet	3	Entry Level Two
F/600/6264	Eating a Balanced Diet	3	Entry Level Three

Looking After Clothes

QAC Code	Unit Name	Credits	Level
R/600/6270	Looking after Clothes	3	Entry Level One
D/600/6272	Looking after Clothes	3	Entry Level Two
R/600/6284	Looking after Clothes	3	Entry Level Three

Personal Care and Hygiene

QAC Code	Unit Name	Credits	Level
M/600/6289	Personal Care and Hygiene	3	Entry Level One
H/600/6290	Personal Care and Hygiene	3	Entry Level Two
K/600/6291	Personal Care and Hygiene	3	Entry Level Three

Personal Health

QAC Code	Unit Name	Credits	Level
A/600/6294	Personal Health	3	Entry Level One
F/600/6295	Personal Health	3	Entry Level Two
L/600/6297	Personal Health	3	Entry Level Three

Personal Presentation

QAC Code	Unit Name	Credits	Level
M/600/6308	Personal Presentation	3	Entry Level One
T/600/6309	Personal Presentation	3	Entry Level Two
M/600/6311	Personal Presentation	3	Entry Level Three

Personal Safety

QAC Code	Unit Name	Credits	Level
Y/600/6304	Personal Safety	3	Entry Level One
D/600/6305	Personal Safety	3	Entry Level Two
H/600/6306	Personal Safety	3	Entry Level Three

Group D – Accessing Community Facilities

Accessing Commercial Services

QAC Code	Unit Name	Credits	Level
F/600/6510	Accessing Commercial Services	3	Entry Level One
L/600/6512	Accessing Commercial Services	3	Entry Level Two
R/600/6513	Accessing Commercial Services	3	Entry Level Three

Accessing Financial Services

QAC Code	Unit Name	Credits	Level
D/600/6515	Accessing Financial Services	3	Entry Level One
T/600/6519	Accessing Financial Services	3	Entry Level Two
T/600/6522	Accessing Financial Services	3	Entry Level Three

Accessing Health Services

QAC Code	Unit Name	Credits	Level
A/600/6523	Accessing Health Services	3	Entry Level One
J/600/6525	Accessing Health Services	3	Entry Level Two
L/600/6526	Accessing Health Services	3	Entry Level Three

Accessing Helping Services

QAC Code	Unit Name	Credits	Level
R/600/6530	Accessing Helping Services	3	Entry Level One
D/600/6532	Accessing Helping Services	3	Entry Level Two
H/600/6533	Accessing Helping Services	3	Entry Level Three

Accessing Leisure Services

QAC Code	Unit Name	Credits	Level
K/600/6534	Accessing Leisure Services	3	Entry Level One
T/600/6536	Accessing Leisure Services	3	Entry Level Two
A/600/6537	Accessing Leisure Services	3	Entry Level Three

Getting About Safely

QAC Code	Unit Name	Credits	Level
A/600/6540	Getting About Safely	3	Entry Level One
L/600/6543	Getting About Safely	3	Entry Level Two
R/600/6544	Getting About Safely	3	Entry Level Three

Knowing Your Local Area

QAC Code	Unit Name	Credits	Level
M/600/6549	Knowing Your Local Area	3	Entry Level One
H/600/6550	Knowing Your Local Area	3	Entry Level Two
A/600/6554	Knowing Your Local Area	3	Entry Level Three

Using Public Transport: Buses and Trains

QAC Code	Unit Name	Credits	Level
D/600/6546	Using Public Transport - Buses and Trains	3	Entry Level One
K/600/6548	Using Public Transport - Buses and Trains	3	Entry Level Two
T/600/6553	Using Public Transport - Buses and Trains	3	Entry Level Three

Using Public Transport: Taxis

QAC Code	Unit Name	Credits	Level
R/600/6527	Using Public Transport - Taxis	2	Entry Level One
J/600/6539	Using Public Transport - Taxis	2	Entry Level Two
J/600/6542	Using Public Transport - Taxis	2	Entry Level Three

Group E – Personal Development

Developing Assertiveness

QAC Code	Unit Name	Credits	Level
J/600/6475	Developing Assertiveness	2	Entry Level One
Y/600/6478	Developing Assertiveness	2	Entry Level Two
Y/600/6481	Developing Assertiveness	2	Entry Level Three

Drug and Alcohol Awareness

QAC Code	Unit Name	Credits	Level
T/600/6259	Drug and Alcohol Awareness	2	Entry Level One
K/600/6260	Drug and Alcohol Awareness	2	Entry Level Two
M/600/6261	Drug and Alcohol Awareness	2	Entry Level Three

Making Choices

QAC Code	Unit Name	Credits	Level
M/600/6485	Making Choices	1	Entry Level One
T/600/6486	Making Choices	1	Entry Level Two
A/600/6487	Making Choices	1	Entry Level Three

Participation in Team Activities

QAC Code	Unit Name	Credits	Level
K/600/6453	Participation in Team Activities	3	Entry Level One
M/600/6454	Participation in Team Activities	3	Entry Level Two
T/600/6455	Participation in Team Activities	3	Entry Level Three

Personal Awareness

QAC Code	Unit Name	Credits	Level
A/600/6490	Personal Awareness	2	Entry Level One
F/600/6491	Personal Awareness	2	Entry Level Two
L/600/6493	Personal Awareness	2	Entry Level Three

Understanding Relationships

QAC Code	Unit Name	Credits	Level
D/600/6501	Understanding Relationships	2	Entry Level One
K/600/6503	Understanding Relationships	2	Entry Level Two
T/600/6505	Understanding Relationships	2	Entry Level Three

Volunteering

QAC Code	Unit Name	Credits	Level
H/600/6516	Volunteering	2	Entry Level One
M/600/6518	Volunteering	2	Entry Level Two
K/600/6520	Volunteering	2	Entry Level Three

Working as a Volunteer

QAC Code	Unit Name	Credits	Level
A/600/6506	Working as a Volunteer	3	Entry Level One
F/600/6507	Working as a Volunteer	3	Entry Level Two
J/600/6508	Working as a Volunteer	3	Entry Level Three

Group F – Leisure Activities

Accessing the Countryside

QAC Code	Unit Name	Credits	Level
A/600/6313	Accessing the Countryside	3	Entry Level One
F/600/6314	Accessing the Countryside	3	Entry Level Two
J/600/6315	Accessing the Countryside	3	Entry Level Three

Computer Games

QAC Code	Unit Name	Credits	Level
L/600/6316	Computer Games	1	Entry Level One
R/600/6317	Computer Games	1	Entry Level Two
Y/600/6318	Computer Games	1	Entry Level Three

Eating Out

QAC Code	Unit Name	Credits	Level
D/600/6319	Eating Out	3	Entry Level One
R/600/6320	Eating Out	3	Entry Level Two
Y/600/6321	Eating Out	3	Entry Level Three

Environmental Issues

QAC Code	Unit Name	Credits	Level
R/600/6477	Environmental Issues	2	Entry Level One
D/600/6482	Environmental Issues	2	Entry Level Two
K/600/6484	Environmental Issues	2	Entry Level Three

Exploring Art

QAC Code	Unit Name	Credits	Level
M/600/6423	Exploring Art	3	Entry Level One
A/600/6425	Exploring Art	3	Entry Level Two
F/600/6426	Exploring Art	3	Entry Level Three

Exploring Dance

QAC Code	Unit Name	Credits	Level
L/600/6428	Exploring Dance	3	Entry Level One
J/600/6430	Exploring Dance	3	Entry Level Two
L/600/6431	Exploring Dance	3	Entry Level Three

Exploring Music

QAC Code	Unit Name	Credits	Level
R/600/6432	Exploring Music	3	Entry Level One
Y/600/6433	Exploring Music	3	Entry Level Two
K/600/6436	Exploring Music	3	Entry Level Three

Exploring Performance

QAC Code	Unit Name	Credits	Level
T/600/6438	Exploring Performance	3	Entry Level One
A/600/6439	Exploring Performance	3	Entry Level Two
M/600/6440	Exploring Performance	3	Entry Level Three

Gardening for Pleasure

QAC Code	Unit Name	Credits	Level
T/600/6441	Gardening for Pleasure	3	Entry Level One
A/600/6442	Gardening for Pleasure	3	Entry Level Two
F/600/6443	Gardening for Pleasure	3	Entry Level Three

Health and Fitness

QAC Code	Unit Name	Credits	Level
A/501/5194	Health and Fitness	3	Entry Level Three
Y/600/6268	Health and Fitness	3	Entry Level One
R/600/6267	Health and Fitness	3	Entry Level Two

Hobbies

QAC Code	Unit Name	Credits	Level
J/600/6444	Hobbies	2	Entry Level One
L/600/6445	Hobbies	2	Entry Level Two
R/600/6446	Hobbies	2	Entry Level Three

Observing and Encouraging Birds

QAC Code	Unit Name	Credits	Level
Y/600/6447	Observing and Encouraging Birds	3	Entry Level One
D/600/6448	Observing and Encouraging Birds	3	Entry Level Two
H/600/6449	Observing and Encouraging Birds	3	Entry Level Three

Outdoor Pursuits

QAC Code	Unit Name	Credits	Level
Y/600/6450	Outdoor Pursuits	3	Entry Level One
D/600/6451	Outdoor Pursuits	3	Entry Level Two
H/600/6452	Outdoor Pursuits	3	Entry Level Three

Group G – Rights and Responsibilities

Law and Order

QAC Code	Unit Name	Credits	Level
F/600/6488	Law and Order	2	Entry Level One
J/600/6489	Law and Order	2	Entry Level Two
J/600/6492	Law and Order	2	Entry Level Three

Living in a Diverse Society

QAC Code	Unit Name	Credits	Level
R/600/6494	Living in a Diverse Society	2	Entry Level One
D/600/6496	Living in a Diverse Society	2	Entry Level Two
K/600/6498	Living in a Diverse Society	2	Entry Level Three

Self Advocacy

QAC Code	Unit Name	Credits	Level
Y/600/6495	Self Advocacy	3	Entry Level One
H/600/6497	Self Advocacy	3	Entry Level Two
M/600/6499	Self Advocacy	3	Entry Level Three

Understanding Rights and Responsibilities

QAC Code	Unit Name	Credits	Level
H/600/6502	Understanding Rights and Responsibilities	3	Entry Level One
M/600/6504	Understanding Rights and Responsibilities	3	Entry Level Two
Y/600/6500	Understanding Rights and Responsibilities	3	Entry Level Three