

Validity of Qualification – Qualification Information

About the Qualification:

Title (RQF)	Open Awards Entry Level Certificate in Independent Living – Looking After Yourself and Your Home (Entry 1) Open Awards Entry Level Certificate in Independent Living – Looking After Yourself and Your Home (Entry 2) Open Awards Entry Level Certificate in Independent Living – Looking After Yourself and Your Home (Entry 3)
Sector	14.1 Foundation for Learning and Life
Level	Entry Level (E1 – E3)

Ofqual Purpose	A. Recognise personal growth and enjoyment in learning
Ofqual Sub-Purpose	A1. Recognise development of skills for life A2. Recognise development of knowledge and/or skills to operate independently and effectively in life, learning and work A3. Recognise development of personal skills and/or knowledge

Rules of Combination	
Entry 1	
Credit Value of the Qualification	15
Minimum Credits to be achieved at or above the level of the qualification	15 (with a minimum of 8 at E1)
Mandatory Units Group A:	1 credit must be achieved
Group B – Household Skills	A minimum of 3 credits to be achieved
Group C – Personal Care	A minimum of 3 credits to be achieved
Group D – Personal Development and Leisure Activities	A minimum of 3 credits to be achieved
The remaining minimum of 5 credits can be achieved from any of the Groups B, C, D	
Entry 2	
Credit Value of the Qualification	15
Minimum Credits to be achieved at or above the level of the qualification	15 (with a minimum of 8 at E2)
Mandatory Units Group A:	1 credit must be achieved
Group B – Household Skills	A minimum of 3 credits to be

	achieved
Group C – Personal Care	A minimum of 3 credits to be achieved
Group D – Personal Development and Leisure Activities	A minimum of 3 credits to be achieved
The remaining minimum of 5 credits can be achieved from any of the Groups B, C, D	
Entry 3	
Credit Value of the Qualification	15
Minimum Credits to be achieved at or above the level of the qualification	15 (with a minimum of 9 at E3)
Mandatory Units Group A:	1 credit must be achieved
Group B – Household Skills	A minimum of 3 credits to be achieved
Group C – Personal Care	A minimum of 3 credits to be achieved
Group D – Personal Development and Leisure Activities	A minimum of 3 credits to be achieved
The remaining minimum of 5 credits can be achieved from any of the Groups B, C, D	

NB. Units with the same title at different levels are barred

Pathways Available	N/A
Recommended Assessment Methods	Portfolio of Evidence

<p>Total Qualification Time/Guided Learning <i>TQT is a new requirement for qualifications regulated by Ofqual through the Regulatory Qualifications Framework (RQF) from September 2015. For more information on what this means and how it is worked click here</i></p> <p>TQT is made up of:</p> <p>(a) the number of hours which an awarding organisation has assigned to a qualification for Guided Learning, And (b) an estimate of the number of hours a Learner will reasonably be likely to spend in preparation, study or any other form of participation in education or training, including assessment, which takes place as directed by – but, unlike Guided Learning, not under the Immediate Guidance or Supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training.</p>	
Total Qualification Time (hours)	Entry 1 – 150 Entry 2 – 150

	Entry 3 - 150
Guided Learning (hours)	Entry 1 – 150 Entry 2 – 150 Entry 3 - 150

Age Range and Restrictions:	
Pre-16	√
16-18	√
19+	√
Any other restrictions specific to the qualification	None

Units

Unit Group A (Mandatory Units)

QAC Code	Unit Name	Credits	Level
Y/600/6156	Looking After Yourself and Your Home	1	Entry Level One
H/600/6208	Looking After Yourself and Your Home	1	Entry Level Two
D/600/6157	Looking After Yourself and Your Home	1	Entry Level Three

Unit Group B (Household Skills)

Basic Cooking Techniques

QAC Code	Unit Name	Credits	Level
J/600/6198	Basic Cooking Techniques	3	Entry Level One
L/600/6199	Basic Cooking Techniques	3	Entry Level Two
T/600/6200	Basic Cooking Techniques	3	Entry Level Three

Everyday Food and Drink Preparation

QAC Code	Unit Name	Credits	Level
L/600/6204	Everyday Food and Drink Preparation	3	Entry Level One
R/600/6205	Everyday Food and Drink Preparation	3	Entry Level Two
Y/600/6206	Everyday Food and Drink Preparation	3	Entry Level Three

Food Safety and Storage

QAC Code	Unit Name	Credits	Level
K/600/6209	Food Safety and Storage	3	Entry Level One
D/600/6210	Food Safety and Storage	3	Entry Level Two
H/600/6211	Food Safety and Storage	3	Entry Level Three

Household Cleaning

QAC Code	Unit Name	Credits	Level
K/600/6212	Household Cleaning	3	Entry Level One
M/600/6213	Household Cleaning	3	Entry Level Two
T/600/6214	Household Cleaning	3	Entry Level Three

Household Expenses

QAC Code	Unit Name	Credits	Level
A/600/6215	Household Expenses	3	Entry Level One
F/600/6216	Household Expenses	3	Entry Level Two
J/600/6217	Household Expenses	3	Entry Level Three

Household Shopping

QAC Code	Unit Name	Credits	Level
L/600/6218	Household Shopping	3	Entry Level One
R/600/6219	Household Shopping	3	Entry Level Two
L/600/6221	Household Shopping	3	Entry Level Three

Kitchen Hygiene

QAC Code	Unit Name	Credits	Level
A/600/6201	Kitchen Hygiene	1	Entry Level One
F/600/6202	Kitchen Hygiene	1	Entry Level Two
J/600/6203	Kitchen Hygiene	1	Entry Level Three

Make a Simple Meal

QAC Code	Unit Name	Credits	Level
R/600/6222	Make a Simple Meal	3	Entry Level One
Y/600/6223	Make a Simple Meal	3	Entry Level Two

D/600/6224	Make a Simple Meal	3	Entry Level Three
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Recycling, Waste Management

QAC Code	Unit Name	Credits	Level
H/600/6225	Recycling, Managing Waste	2	Entry Level One
K/600/6226	Recycling, Managing Waste	2	Entry Level Two
M/600/6227	Recycling, Managing Waste	2	Entry Level Three

Using Domestic Appliances

QAC Code	Unit Name	Credits	Level
T/600/6228	Using Domestic Appliances	2	Entry Level Two
A/600/6229	Using Domestic Appliances	2	Entry Level Three

Unit Group C (Personal Care)

Choosing Clothing and Footwear

QAC Code	Unit Name	Credits	Level
J/600/6251	Choosing Clothing and Footwear	2	Entry Level One
L/600/6252	Choosing Clothing and Footwear	2	Entry Level Two
R/600/6253	Choosing Clothing and Footwear	2	Entry Level Three

Drug and Alcohol Awareness

QAC Code	Unit Name	Credits	Level
T/600/6259	Drug and Alcohol Awareness	2	Entry Level One
K/600/6260	Drug and Alcohol Awareness	2	Entry Level Two
M/600/6261	Drug and Alcohol Awareness	2	Entry Level Three

Eating a Balanced Diet

QAC Code	Unit Name	Credits	Level
T/600/6262	Eating a Balanced Diet	3	Entry Level One
A/600/6263	Eating a Balanced Diet	3	Entry Level Two
F/600/6264	Eating a Balanced Diet	3	Entry Level Three

Looking After Clothes

QAC Code	Unit Name	Credits	Level
R/600/6270	Looking after Clothes	3	Entry Level One
D/600/6272	Looking after Clothes	3	Entry Level Two
R/600/6284	Looking after Clothes	3	Entry Level Three

Personal Care and Hygiene

QAC Code	Unit Name	Credits	Level
M/600/6289	Personal Care and Hygiene	3	Entry Level One
H/600/6290	Personal Care and Hygiene	3	Entry Level Two
K/600/6291	Personal Care and Hygiene	3	Entry Level Three

Personal Health

QAC Code	Unit Name	Credits	Level
A/600/6294	Personal Health	3	Entry Level One
F/600/6295	Personal Health	3	Entry Level Two
L/600/6297	Personal Health	3	Entry Level Three

Personal Presentation

QAC Code	Unit Name	Credits	Level
M/600/6308	Personal Presentation	3	Entry Level One
T/600/6309	Personal Presentation	3	Entry Level Two
M/600/6311	Personal Presentation	3	Entry Level Three

Personal Safety

QAC Code	Unit Name	Credits	Level
Y/600/6304	Personal Safety	3	Entry Level One
D/600/6305	Personal Safety	3	Entry Level Two
H/600/6306	Personal Safety	3	Entry Level Three

Unit Group D (Personal Development and Leisure Activities)

Accessing the Countryside

QAC Code	Unit Name	Credits	Level
A/600/6313	Accessing the Countryside	3	Entry Level One
F/600/6314	Accessing the Countryside	3	Entry Level Two
J/600/6315	Accessing the Countryside	3	Entry Level Three

Computer Games

QAC Code	Unit Name	Credits	Level
L/600/6316	Computer Games	1	Entry Level One
R/600/6317	Computer Games	1	Entry Level Two
Y/600/6318	Computer Games	1	Entry Level Three

Developing Assertiveness

QAC Code	Unit Name	Credits	Level
J/600/6475	Developing Assertiveness	2	Entry Level One
Y/600/6478	Developing Assertiveness	2	Entry Level Two
Y/600/6481	Developing Assertiveness	2	Entry Level Three

Eating Out

QAC Code	Unit Name	Credits	Level
D/600/6319	Eating Out	3	Entry Level One
R/600/6320	Eating Out	3	Entry Level Two
Y/600/6321	Eating Out	3	Entry Level Three

Exploring Arts

QAC Code	Unit Name	Credits	Level
M/600/6423	Exploring Art	3	Entry Level One
A/600/6425	Exploring Art	3	Entry Level Two
F/600/6426	Exploring Art	3	Entry Level Three

Exploring Dance

QAC Code	Unit Name	Credits	Level
L/600/6428	Exploring Dance	3	Entry Level One

J/600/6430	Exploring Dance	3	Entry Level Two
L/600/6431	Exploring Dance	3	Entry Level Three

Exploring Music

QAC Code	Unit Name	Credits	Level
R/600/6432	Exploring Music	3	Entry Level One
Y/600/6433	Exploring Music	3	Entry Level Two
K/600/6436	Exploring Music	3	Entry Level Three

Exploring Performance

QAC Code	Unit Name	Credits	Level
T/600/6438	Exploring Performance	3	Entry Level One
A/600/6439	Exploring Performance	3	Entry Level Two
M/600/6440	Exploring Performance	3	Entry Level Three

Gardening for Pleasure

QAC Code	Unit Name	Credits	Level
T/600/6441	Gardening for Pleasure	3	Entry Level One
A/600/6442	Gardening for Pleasure	3	Entry Level Two
F/600/6443	Gardening for Pleasure	3	Entry Level Three

Health and Fitness

QAC Code	Unit Name	Credits	Level
A/501/5194	Health and Fitness	3	Entry Level Three
Y/600/6268	Health and Fitness	3	Entry Level One
R/600/6267	Health and Fitness	3	Entry Level Two

Hobbies

QAC Code	Unit Name	Credits	Level
J/600/6444	Hobbies	2	Entry Level One
L/600/6445	Hobbies	2	Entry Level Two
R/600/6446	Hobbies	2	Entry Level Three

Making Choices

QAC Code	Unit Name	Credits	Level
M/600/6485	Making Choices	1	Entry Level One
T/600/6486	Making Choices	1	Entry Level Two
A/600/6487	Making Choices	1	Entry Level Three

Observing and Encouraging Birds

QAC Code	Unit Name	Credits	Level
Y/600/6447	Observing and Encouraging Birds	3	Entry Level One
D/600/6448	Observing and Encouraging Birds	3	Entry Level Two
H/600/6449	Observing and Encouraging Birds	3	Entry Level Three

Outdoor Pursuits

QAC Code	Unit Name	Credits	Level
Y/600/6450	Outdoor Pursuits	3	Entry Level One
D/600/6451	Outdoor Pursuits	3	Entry Level Two
H/600/6452	Outdoor Pursuits	3	Entry Level Three

Participation in Team Activities

QAC Code	Unit Name	Credits	Level
K/600/6453	Participation in Team Activities	3	Entry Level One
M/600/6454	Participation in Team Activities	3	Entry Level Two
T/600/6455	Participation in Team Activities	3	Entry Level Three

Personal Awareness

QAC Code	Unit Name	Credits	Level
A/600/6490	Personal Awareness	2	Entry Level One
F/600/6491	Personal Awareness	2	Entry Level Two
L/600/6493	Personal Awareness	2	Entry Level Three

Pet Care

QAC Code	Unit Name	Credits	Level
F/600/6457	Pet Care	3	Entry Level One
J/600/6458	Pet Care	3	Entry Level Two
L/600/6459	Pet Care	3	Entry Level Three

Self Advocacy

QAC Code	Unit Name	Credits	Level
Y/600/6495	Self Advocacy	3	Entry Level One
H/600/6497	Self Advocacy	3	Entry Level Two
M/600/6499	Self Advocacy	3	Entry Level Three

Understanding Relationships

QAC Code	Unit Name	Credits	Level
D/600/6501	Understanding Relationships	2	Entry Level One
K/600/6503	Understanding Relationships	2	Entry Level Two
T/600/6505	Understanding Relationships	2	Entry Level Three